Newmarket
WEEKLY NEWS
Thursday, December 9, 2010 newmarketweeklynews.co.uk 45p where purchased

Care home mix-up a 'living hell' for OAPs

PAGE 3

PALS GRIN AND BEAR IT IN SHORTS

PAGE 5

Racing heritage plan faces delay

BY JOHN GOODE

Email: editorial@newmarketweeklynews.co.uk

A LONG-awaited project to create a major tourist attraction linked to Newmarket's horseracing industry is facing further delay.

A deadline for the Home of Horseracing project is set to be put back by six months to allow more time to secure funding for the £10.9 million scheme.

Forest Heath District Council which owns historic Palace House Stables and Palace House – the remaining part of King Charles II's palace in Newmarket – had agreed to hand over the properties to the Home of Horseracing Trust next April – if funding for the project was assured.

Now it has been revealed that the deadline is set to be put back to September 30.

A recommendation to extend the deadline was made last month at a private meeting of the Home of Horseracing Working Group.

It will be considered on Tuesday at a meeting of the council's community services committee.

■ Turn to Page 2

Cool outfits: Mayor of Newmarket Cllr Mick Jefferys is given a warm greeting at the Anne Furbank ladies fashion store, winners of the *Weekly News* fancy dress competition, announced during the town's late shopping evening. From left are: Sandie Carnes, Isabelle Barrett, town clerk, Kay Dawson, town events manager, Rebecca Furbank, Paula Wilson, store manager, Alexa Jones, Anna McConnell and store owner Anne Furbank. See story – Page 2.

Picture: Gary Wharmby 699803

INSIDE

Rescue team
Town Pastors ready to help festive revellers
PAGE 4

Open talks
Campaigners welcome move on Hatchfield
PAGE 5

Become a lord
Ancient title could be yours for £9,000
PAGE 7

Hospice gifts
Annual collection may be the last
PAGE 10

WHAT'S ON

Magic season
Escape to the world of Aladdin and friends
PAGE 18

On the box
All the weekend's viewing at a glance
PAGE 22

SPORT

Rowing
Hicks steps up his bid for seat at Olympics
BACK PAGE

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More than 50 schools

Horseracing plan held up

■ From Page 1

The working group heard last month that additional finance in form of an anonymous donation and cash from the Heritage Lottery Fund had not been confirmed which had forced a change in the deadline.

In July, Peter Jensen, who chairs the Home of Horseracing Trust, said he was optimistic that the necessary cash could be found to meet the April deadline.

At that time he said £5.5 million of backing was assured but a further £3 million was needed to get the project under way.

The scheme, which will include moving the National Horseracing Museum into part of Palace House Stables and returning retired racehorses to another part of the stable complex, has been under discussion for more than 10 years.

Forest Heath's tourist information centre is due to move out of Palace House early next year to make way for the British Sporting Art Trust's collection which is due to go on display there.

An additional concern has been raised about the effect of VAT on financing the project – particularly with a rise due to take effect early next year.

Robbery victim knocked out

A MAN was knocked unconscious and robbed of around £100 in a late night attack.

The 23-year-old was walking through an alleyway off North Place, Mildenhall, at around 1am on Saturday when he was hit from behind.

When he came round he found his wallet nearby, but the cash had gone. He suffered facial injuries in the incident but did not have immediate medical attention.

Anyone with information should call Det Con Andy George at West Suffolk CID on (01284) 774100.

Car pair cautioned

TWO men have been given police cautions for stealing items from a fire-damaged car.

The blaze, which is being investigated as arson, damaged a BMW 3-series parked in Kestrel Close, Beck Row, on Saturday.

Later police arrested two men for stealing from the car. A 21-year-old man of no fixed address and a 31-year-old from the Ely area were later cautioned for theft.

A 31-year-old man arrested at the same time was cautioned for having a knife in a public place.

Razzle dazzle: Soham Fenlanders Majorettes put on a show by the town Christmas tree while, below, pupils from St Felix Middle School entertain the crowds with some Christmas tunes.

Pictures: Gary Wharmby 699802/699805

Cold spell can't beat festive spirit

SUB-ZERO temperatures kept crowds down for the annual Christmas late shopping night in Newmarket on Tuesday.

The freezing conditions also meant that Santa turned up in a vintage Bullnose Morris car rather than an 1840s' mail coach drawn by four white horses.

Cllr Warwick Hirst said: "Because of the weather it was felt it was too cold for the horses. There was also some concern about the road being slippery."

The Morris, provided by a member of Newmarket Car Club, was used as transport for Santa, mayor Cllr Mick Jefferys and artist Paula Wilson.

BY JOHN GOODE

Email: editorial@newmarketweeklynews.co.uk

This year was the first with the town's "official" Christmas tree, donated by Elveden Farms, in its new position on the Clocktower plaza. An official switch-on ceremony was performed by Cllr Jefferys and there were prayers by the Rev Max Osborne, vicar of All Saints' church, and carols.

The *Weekly News* trophy for the shop with the best fancy dress on the night was won by fashion store Anne Furbank.

Judging was carried out by two pupils from the town's Scaltback Middle School, with deputy mayor Cllr Keith Bovill.

Christmas events continue on Saturday, with carols being sung at various locations around the town from 11am.

A Christmas arts and crafts fair is being staged in a marquee on The Severals for the first time this year on December 18 and 19. All 33 spaces at the fair, organised by the town council, have already been booked.

The marquee will also be used by the council for the annual Christmas parties for children and pensioners because the Memorial Hall in the High Street is currently undergoing major refurbishment.

Doubt voiced over private sector leisure idea

A LEISURE trust chairman has said he is "very dubious" about moves to bring in private sector management to save money.

Leisure centres and swimming pools in the Newmarket and Mildenhall areas have been run by Anglia Community Leisure for nearly three years.

The trust was set up to run Forest Heath District Council's leisure facilities in a previous cost-saving exercise. Links with neighbouring St Edmundsbury Borough Council could now see the possibility of a tie-up with Abbeycroft Leisure, which runs facilities in Bury St Edmunds and Haverhill.

Simon Phelan, Forest Heath's head of community services, told councillors: "As part of our shared services, we are looking at revisiting how we manage our leisure centres. One of the options is going through the private sector."

But Richard Balfe, who chairs Anglia Community Leisure, said there were no plans for a direct merger with Abbeycroft or any other organisation.

"You can never rule things out, but there's nothing in the foreground and there's no certainty that it would save any money at all."

He said there were already shared functions with the neighbouring council and he said he was "very dubious" that there would be savings from any reorganisation.

"The important word in our title is 'community'," he said. "All our trustees are drawn from the local community and use the facilities.

"We would lose the 'community' if we joined a larger organisation. We could always do things more efficiently, but it's not necessarily a function of size."

Care home mix-up is 'living hell' for elderly

FRAIL pensioners are being "put through living hell" because of continual delays in moving them out of their care home.

Residents at Keith Leonard House in Soham have been "living out of cardboard boxes" for weeks and now face having no telephone lines for more than a week.

Sanctuary Housing, which manages the care home in Lode Close, is currently trying to move the residents into a new building in the town called Mill Brook House.

Residents – the majority of whom are in their 80s and 90s – and their families were initially told the move would be on Monday, November 22.

As a result, they packed all their belongings away in boxes.

However, Sanctuary Housing bosses then delayed it until Sunday, November 28 – giving no explanation to residents.

But the move was then further delayed to Tuesday, December 7 – and again to Saturday, December 18 – the weekend before Christmas.

One woman, whose ill mother lives at the care home, has described her fury to the *Weekly News*.

She said: "Mum is so depressed and poorly. She suffers with asthma as it is and the stress and upheaval of all this is making her have asthma attacks most days.

"But it's not just her – all the residents, who are all frail and in their 80s and 90s, are being put through living hell.

"They're living out of cardboard boxes because they thought they were moving out weeks ago and Sanctuary Housing couldn't care less.

"Everyone's walking around this blank building not knowing what to do with themselves and it's playing on their minds.

"This isn't how vulnerable elderly people should be made to live – at least not without an explanation."

The woman, who did not want to be named, said her mother's and other residents' telephone lines were cut off on Tuesday, despite the move scheduled to take place 11 days later.

She said: "Now mum can't get in touch with me if she needs me until they finally move.

"It's absolutely horrendous.

"She's so worried and I know for a fact all the other residents are too – not to mention how distressed we are."

BY JORDAN DAY

Email: editorial@newmarketweeklynews.co.uk

In December 2008, Sanctuary Housing was given planning permission to build Mill Brook House, a new care home to cater for 87 residents.

Keith Leonard House will be demolished once the residents have been re-located and the new centre is completed.

The woman said: "Usually at this time of the year they would be having Christmas carol singers visiting them and really getting into the festive spirit.

"Christmas this year has been ruined for them and Sanctuary Housing should be ashamed of itself."

John Walsh, managing director at Bramall Construction, the main contractor at Keith Leonard House, said "We are aware that there have been some delays to the completion of phase one of the new extra care facility at Lode Close in Soham.

"The adverse weather conditions over the last week have prevented us from completing some of the planned work to the scheme and have contributed to us being behind schedule.

"Part of the work due to be completed over the last week was access ramps to the facility for emergency vehicles.

"We did not feel it safe to move residents into a facility with no emergency access and so have delayed their move.

"We are working closely with Sanctuary and with the residents of Keith Leonard House to ensure that their move into their new facility goes as smoothly as possible.

"Weather permitting, we hope to have residents moved into their new homes safely by mid December."

Manager at the scheme, Sylvia Chivers, said: "The safety and happiness of our residents is always the primary focus for me and my dedicated staff, and we have worked closely with the residents of Keith Leonard House throughout the year to keep them up to speed with progress on their soon-to-be brand new homes and ensure they remain happy with plans for the move.

"Our residents have packed their ornaments and belongings ready for their move and their friends and families have been using the main scheme number while we transfer residents' phones across.

"We are obviously working closely with our on-site contractors to minimise any disruption and to also ensure our residents are settled into their new homes in time for Christmas."

Keith Leonard House currently has 32 separate flats and sees staff providing care 24-hours a day

Slide show turns back the clock

AUTHENTIC Victorian and Edwardian magic lantern slides will be shown at a cinema club's Christmas show.

Presenters at Cinema at Newmarket's show, at The Stable community centre on Sunday, will be in period costume for the show.

Richard Rigby, assistant secretary of the Magic Lantern Society, will present the slides.

David Cleveland, a former BBC television producer and founder of the East Anglian Film Archive, will show some unique footage of the earliest surviving moving films.

The following day, CaN will be screening the 2009 film *Coco before Chanel*. Tickets can be reserved by calling 07756 853714 or (01638) 601866.

New credit group

A CREDIT Union run by volunteers is to open in Newmarket.

The facility, which will operate under the banner of Ipswich and Suffolk Credit Union, is intended as an alternative for people who may not be able to open a conventional bank account. Loans may be available to some people, as well as prepaid debit cards and savings accounts.

More information will be given today at the Brough Scott House community suite in Bill Rickaby Drive, Newmarket, from 10am to noon. For more information call 07563 744178.

Erasure set for forest tour dates

EIGHTIES pop legends Erasure have announced dates for a new tour – more than four years after their last live performance.

The band will be playing at Thetford Forest, near Brandon, on June 10 next year as part of the Total Pop! tour, where acts perform in woodland locations across the country.

The tour will coincide with the release of the band's new album.

Erasure's Andy Bell said, "This wonderful opportunity to perform for the fans in such a unique backdrop feels like just the right way to jump back in to Erasure after a four-year break. We're excited to be playing in the woods and really hope it doesn't rain."

Erasure have also announced the release of a new version of their hit single *A Little Respect - HMI Redux*. Proceeds from the track will be donated to various charities.

The band enjoyed a string of hits during the 80s and 90s, complemented by five consecutive number one albums.

Tickets cost £34.50 (subject to booking fee) and go on sale at 9am tomorrow from the Forestry Commission box office on 03000 680400, or buy online at *www.forestry.gov.uk/music*.

In the swim: Koi breeder Shintaro San and Gary Pritchard, president of the British Koi Keepers Society, admire the fish on display at the Rutland Arms Hotel.

Picture: Keith Heppell 699194

Prestige event for giant koi

SOME of the leading koi carp experts in Britain and Japan displayed their fish at a special exhibition staged in a hotel courtyard.

More than 50 prize specimens, nearly a metre long, were on view at the President's weekend staged at Newmarket's Rutland Arms Hotel.

Members of the British Koi Keepers Society (BKKS) displayed their fish alongside others which had been flown in from Japan for the display, dubbed the fish equivalent of Crufts.

Koi expert Alan Coogan, from Soham, who organised the event, said he hoped it could become established as a regular show.

It was open to the public on Sunday afternoon and the entry fee of £5 per person went towards breast cancer care at Addenbrooke's Hospital, where Mr Coogan's wife had treatment last year.

pt
SUPPLIERS AND INSTALLERS

Apt

Town Pastors ready for festive revellers

VOLUNTEERS will help Christmas party revellers on the streets of Newmarket.

The Town Pastors, from local churches, will be on the streets at busy weekends together with the SoS bus, which provides medical support and a refuge for people who have had too much to drink.

Suffolk police have warned revellers to drink sensibly and avoid making themselves vulnerable.

The warning is part of the force's "12 themes of Christmas" campaign.

Figures show that the number of violent crimes involving alcohol or drugs increases from the second weekend of December, coinciding with the Christmas party season, before reducing again in January.

In December 2009, 214 crimes involving serious violence in a public place were recorded in Suffolk and 125 of them were alcohol-related.

In December 2008, a total of 186 crimes of this nature were recorded, with 116 of these being alcohol-related.

BY JOHN GOODE

Email: editorial@newmarketweeklynews.co.uk

But last Christmas there were fewer arrests compared to the previous year.

Across the county there were 496 arrests for 574 offences, compared to 513 arrests for 603 offences in December 2008.

The force has warned that it will increase "high visibility" patrols on weekends leading to Christmas and the New Year.

The Town Pastors will play a role in tackling problems and previous figures have shown that the volunteers helped to avert violence by taking potential weapons, like glasses and bottles, from people in the street.

Chief Supt Mark Cordell said: "Tackling alcohol-related crime is a priority for the force all year-round, but as the festive season approaches we are acutely aware that the number of people out celebrating and drinking alcohol drastically increases, which can lead to a sharp increase in this type of crime.

"Our officers will be increasing their high-visibility patrols in key town centre locations over the busy Christmas period and will be responding to incidents by issuing fixed penalty notices and making early intervention arrests to stop any violence or anti-social behaviour escalating.

"Offenders run the risk of being arrested and spending time in police custody, potentially ruining Christmas for themselves, their victims and many others."

Rescue bus: the SoS bus being launched in Newmarket last year. Inset: Chief Supt Mark Cordell, who says patrols will be increased.

Drop in teenagers seeking drug help

THE number of young people in the East of England seeking help to battle drug abuse has fallen, new figures reveal.

Statistics from the National Treatment Agency for Substance Misuse (NTA) show under-18s asking for help for primary use of heroin and crack has more than halved over five years.

Cocaine use as a primary drug has fallen by 43 per cent in the past two years.

The number accessing services for primary use of Ecstasy fell by 79 per cent in two years and the number of under-18s receiving help has stabilised.

Emma Pawson, regional NTA manager said: "For those teenagers who seek help, substance misuse is usually one of a range of problems causing difficulties in their life, which is why treatment services must work with partners in youth services."

Crews called to village car fire

FIREFIGHTERS put out a car blaze in a village.

Two crews tackled the flames on Kestrel Close, Beck Row, near Mildenhall, after being called out shortly before 4.20am on Saturday.

No action after purse theft arrests

THREE people arrested by police investigating purse thefts in the Newmarket area have been told they face no action.

A man and a woman, both aged 26, and a 42-year-old woman, all from the London area, have had their bail cancelled by Suffolk police.

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MPs called to account as expense claims published

A SAT-nav, letterheads and website maintenance costs were among the things MPs in our region claimed on their expenses so far this year.

What MPs spent between May and September was published yesterday as part of a tough new system by the Independent Parliamentary Standards Authority (IPSA). A total of £3.1 million was paid in the first three-and-a-half months after the May election.

Information on every claim made by all MPs was released online after the expenses scandal rocked the country last year.

Details of how some MPs exploited the system of parliamentary allowances to subsidise their lifestyles and multiple homes were revealed and included claims for moat clearing, swimming pool cleaning and even HobNob biscuits.

Matthew Hancock, Tory MP for West Suffolk, spent more than £500 on advertising and nearly £1,900 on rent.

His total of £7,784.03 also included a claim for a sat-nav costing nearly £160 and charges for letterheads and business cards.

New Cambridge Lib Dem MP Julian Huppert recorded the lowest total claim in the region this year of £2,002.85.

His biggest claim was just under £800 for the purchase of a Dell computer and monitor for his Westminster office.

Sat-nav: one of the items included in MP Matthew Hancock's expenses claim.

Mr Huppert said: "I am pleased that we have openness and transparency on MPs' expenses. It is only right that taxpayers should be able to see how public money is being spent."

Expenses for South Cambridgeshire Conservative MP Andrew Lansley totalled £2,577.13 while fellow Tory MP James Paice, South East Cambridgeshire, claimed £3,168.05.

Both Mr Paice and Mr Lansley claimed more than £2,400 each for a parliamentary resources unit subscription, which is a non-profit service in Parliament that provides briefing, research and correspondence to 270 Conservative MPs in support of their Parliamentary duties.

The remainder of Mr Paice's claims were made up of travel in his own car and train fares.

Huntingdon's Tory MP Jonathan Djanogly spent £3,805.54 with more than £1,200 spent on his website.

Mr Djanogly said he highly values communications with his constituents, which was recognised recently when he was a finalist for the MP web awards.

The majority – £2,408.75 – of North East Herts' Tory MP Oliver Heald's total expenses was also for his parliamentary resources unit subscription.

The remainder of his total £2,813.31 claim was spent on travel in his own car, telephone rental and food and drink at Parliament.

With expenses totalling more than £10,500 North East Cambridgeshire Conservative MP Stephen Barclay topped the regions' results.

He spent more than £4,000 on a computer, scanner and other stationary purchases and £1,450 on rent.

Saffron Walden Conservative MP Sir Alan Haselhurst claimed more than £120 for food and drink at Parliament and £681.15 in council tax.

His total of £4,384.09 also included more than £2,300 in rent.

Pupils brave the big freeze in short cut to charity cash

TWO boys have been wearing shorts in sub-zero temperatures to raise money for a hospice.

Isleham Primary School pupils Harry Bedford, 11, and his cousin Jacob Blay, 10, vowed to continue wearing their shorts to school in return for sponsorship for St Nicholas Hospice Care, the Bury St Edmunds-based organisation that supports people with serious illnesses in west Suffolk and parts of east Cambridgeshire.

They decided to support the hospice after Harry's mum, Lorraine Bedford, took part in the Girls' Night Out fundraising walk in aid of the hospice in Bury St Edmunds, in September.

They have vowed to continue to wear their shorts no matter what the weather up to the end of term on December 17. They are hoping to raise £800 and so far have more than £500 pledged.

Harry said: "We intend to carry on wearing these shorts until the end of term, no matter what the weather. It has been getting very cold and people always think we are nuts, until they know why we are doing it."

He chose to raise funds for the hospice after his grandmother spent time there before she died.

Mrs Bedford said: "Last year, Harry thought he would wear shorts to school until Christmas as a dare to himself – and he managed it.

This year, Jacob wanted to wear shorts as well and they both decided to do it in aid of the hospice."

"At the moment, the boys are very cold. They have been asked lots of times why they are doing it and when they say it's for the hospice people are very positive about it.

"Now, they've not got long before school breaks up and they can wear their trousers again. It's fair to say they've been quite chilly, but on the plus side when I go to pick them up from school I can spot them a mile away. I just look for four bare legs."

Pledges can be made by visiting *www.justgiving.com/Harry-Bedford* or *www.justgiving.com/Jacob-Blay.*

Cold comfort: Harry Bedford and Jacob Blay are wearing shorts – despite the freezing weather – to raise money for a hospice. CP

Students given supercar brief

BUSINESS boss Arash Farboud is supporting a Dragons' Den competition for students at two schools.

Mr Farboud, who is moving his medical supplies and supercar businesses from Sawston to Newmarket, is supporting the contest for students from Newmarket College and Mildenhall College of Technology.

The teams of four students have been tasked to design a new "hypercar" for the Arash Motor Company.

Four teams from each school will present their ideas to judges at Palace House, Newmarket, on Monday.

The prizes include Arash merchandise, tickets to the next national motor show, gift vouchers and the opportunity of work experience and the possibility of apprenticeships with local businesses.

Motorist, 49, faces drink charge

A DRIVER is due in court accused of being at the wheel of a car while nearly five times the legal drink-drive limit.

George Eade, 49, is alleged to have given a breath test reading of 171 micrograms – the legal limit is 35 mcg – after being found by police in a car parked in Cheveley Road, Newmarket, on Monday.

Eade, of Cheveley Road, Newmarket, is due to appear before magistrates in Bury St Edmunds next Thursday charged with being in charge of a vehicle while unfit through drink.

Open talks on housing plans are welcomed

AN action group has welcomed a decision by councillors to have an open discussion about the appeal over plans for 1,200 new homes.

Forest Heath District Council's planning committee was originally recommended to meet behind closed doors on Monday to discuss Lord Derby's appeal against the refusal of planning permission for his Hatchfield Farm development.

But Cllr Geoffrey Jaggard, the council leader, proposed that the debate was held in public.

Rachel Hood, of the Save Historic Newmarket action group, said: "We were absolutely delighted that the councillors chose to reject discussions in secret and employing a traffic consultant which could have cost the council tax payers £50,000."

BY JOHN GOODE

Email: editorial@newmarketweeklynews.co.uk

Cllr Rona Burt, planning committee chairman, said: "New information has been submitted to the council and we will be opening a dialogue with Lord Derby's consultant on these technical issues.

"It is right and proper that we do this. It is normal procedure and any agreed matters form part of the statement of common ground which officers will prepare in the usual way for the appeal."

The council refused permission for the Hatchfield Farm scheme in June – even though the site remains part of the council's core strategy for development to 2031.

Newmarket's horseracing industry opposes the scheme and has launched a legal challenge to the core strategy which is due to be heard by the High Court before Christmas.

Lord Derby said: "Since the rejection of my planning application I have been trying to find a compromise solution that works for all.

"I quite understand why those parties with whom I have met are reluctant to discuss possible options until the High Court challenge is resolved. It therefore seems likely that discussions on a possible compromise scheme will not get under way until early next year.

"That I have lodged this appeal must not detract from the fact that it remains my sincere wish that it will still be possible to work with the local community to produce a new scheme which has support from most sections of Newmarket."

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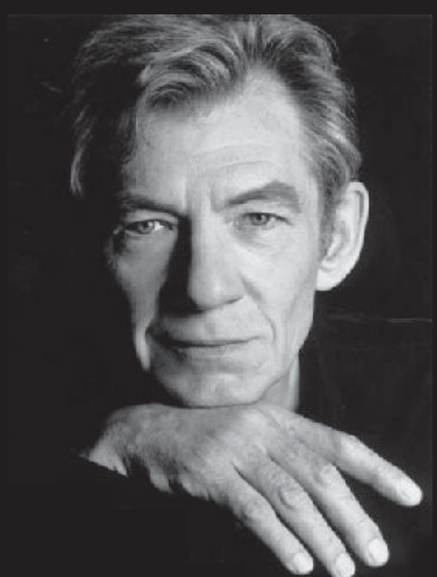

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WEEKLY NEWS LETTERS

Send your letters to: The Editor, Newmarket Weekly News, 15 High Street, Newmarket, CB8 8XL or by email to editorial@newmarketweeklynews.co.uk

Grit car park and paths too

Sir, On December 1 I drove into Cambridge and used the Newmarket Road park and ride. I arrived there just after noon, found a space and parked.

This is where my problem began, because the car park and, even more importantly, the footpaths to get to the bus stop had not been gritted.

It is no good leaving it to the cars to melt the snow because they only compact it into a sheet of ice.

Once near the bus stop, the paving was dry and safe having obviously been cleared and gritted.

The city is rightly proud of its park and ride service but the car park and paths must be gritted so that walking from car to bus is safe, and I feel this oversight is a big negative to the scheme.

I do not know whose responsibility it is to keep these areas safe to drive and walk on but it should be an important part of the service that we are all paying for.

Terry Stubbings
Stretton Avenue
Newmarket

Tories will repeal ban

Sir, What a splendid letter from Mr Woollard regarding hunting (*Weekly News*, December 2).

Of course this wretched administration intend to repeal the ban on hunting and coursing as Mr Paice very well knows.

It will only be a matter of time before the Tories' wealthy patrons get their bloody pastimes back, regardless that the majority of the electorate do not wish it.

Cameron has packed the Lords with his cronies including the head of the pro-hunt Countryside Alliance; the whole situation stinks to high heaven.

Mike Michalak
Swaffham Road
Burwell

Letters policy

Letters should arrive by noon on the Monday before publication.
Full name and address must be supplied and details will be withheld only in exceptional circumstances.
Letters should be no longer than 250 words and may be edited.
Send letters to the editor by email at editorial@newmarketweeklynews.co.uk or write to Newmarket Weekly News, 15 High Street, Newmarket, CB24 6PP.

MEMORIES

This week's Memories picture, taken from our archives, shows a couple of tots having fun with some toys.
Could you say when or where the photograph was taken? Do you recognise these youngsters or know what the playtime was about that day?
We welcome your letters or emails. Send your recollections to: Memories, *Newmarket Weekly News*, 15 High Street, Newmarket, CB8 8XL, or email *editorial@newmarketweeklynews.co.uk* by Tuesday morning. 695120

Last week's Memories picture, from our archives, featured a group of walkers with their dogs, and two readers have sent in more information.
One, from Mrs T. Mitchell, of Laceys Lane, Exning, said: "The Memories picture last week was for a sponsored dog walk we did in Exning and was taken at least 30 years ago. It was great to see the photograph again after all these years."
Another (anonymous) reader sent in a copy of the photograph with names written on it. They said: "I think this was Shires Folly in Exning where Sue Hough lived and had her (dog) training school. People in the photograph included Jenny Smythe with Robbie, the late Syd Fenn, Carol Fenn with Max, Clodagh Dugdale, Sue Hough, Sue Caldwell and dogs called Benice, Crumble and Emanuelle.
The photograph was taken on January 8, 1989. 518267

Agency warning on 'silent killer'

RESIDENTS are being warned about the dangers of 'the silent killer' – the odourless gas carbon monoxide (CO).

The Health Protection Agency (HPA) has provided new guidance to environmental health officers at East Cambridgeshire District Council (ECDC) to help reduce the chances of CO poisoning when they carry out housing inspections.

Carbon monoxide is an odourless, colourless gas which can kill.

Liz Knox, head of environmental services at ECDC, said: "CO causes the death of around 50 people each year in England and Wales and causes illnesses in a much larger number of people.

"As environmental health officers, we have an important role to play in making sure people are safe within their homes.

"This new guidance has been developed to try to give advice to occupants and landlords to prevent incidents and reduce the harm exposure can cause."

CO poisoning usually comes from the use of appliances such as heaters, boilers and cookers which are either faulty, incorrectly installed or have flues or chimneys which are blocked.

At low levels, symptoms of CO poisoning often mimic other more common conditions such as flu or food poisoning, but at high levels, it can cause sudden collapse and death.

For more information about carbon monoxide and how you can avoid coming into contact with it, call Julia Atkins on (01353) 665555.

Interested parties: on the *Weekly News* information desk at the Strictly Come Newmarket business contest are, on the left, Russell Boughtwood and Russell Beaumont, media consultants. Pictures: David Johnson 699742/699737

Business hopefuls set out on the path to competition title

MORE than 20 people hoping to win a support package to open a new business attended an information day for a competition organised by Newmarket Retailers' Association.

They were given more details about the support they could receive if their business idea is selected as a winner in the Strictly Come Newmarket contest.

The *Weekly News* is among the supporters of the scheme, aimed at filling most of the town's 11 empty shops, and advertising consultants were at the information day at the town's Bedford Lodge Hotel to give details to potential business owners.

Those seeking more information about the contest, which will be run on similar lines to television's *Dragons' Den*, included a 13-year-old student and the owners of an established business hoping to open a new restaurant in the town.

Richard Goss, from the Retailers' Association, said: "There were some cracking ideas and it's been a very successful day.

"More than 20 came today, but we've had more than 40 inquiries."

The closing date for applications is December 24 and a pitching day in front of a panel of judges is scheduled for January 19. The competition is aimed at boosting trade in the town by attracting new businesses.

The support package includes a rent-free property for a limited period to help the new business get off the ground.

Other support includes a donation towards shopfitting, free banking for the first year as well as free business and legal advice.

Gentry status beckons in lordship sale

FOR just £9,000 you can avoid all the knee-bending in front of the Queen and get straight to a lordship.

That's the offer as the Lordship of the manor of Isleham goes up for sale.

The unusual offering comes from the trustees of an ancestor of the Peyton family, Major Charles Peyton, who died recently.

Although the title had been sold by the family in the 17th Century when they attempted to discharge their debts, it was bought up again by the major in the 1960s.

Robert Smith, director of Manorial Auctions which is selling the title, said people would buy them for several reasons – from wanting to make money out of "ransom strips" to the more romantic side of simply having links to an ancient name.

BY PAUL HOLLAND

Email: editorial@newmarketweeklynews.co.uk

Mr Smith said: "I knew the major and he was a good man, who was certainly more on the romantic side of things. When he got the title he was very much focused on the community."

He warned that people hoping to make money out of any title through using the small pieces of land that sometimes went with them was taking a gamble.

So-called "ransom strips" would only be money-makers if someone wanted to do something with the land associated with them.

"Sometimes the titles have small bits of land which can make money for the title holder if someone wants access over it – but that is a real gamble and the warning is there is no manorial bonanza."

The documents to the title say the manor was held by William the Conqueror at the Domesday Survey when it paid "£10 assayed and weighed, £13 8s 4d in white silver for honey, corn, malt and other small customary dues."

It had been held by King Edward the Confessor at his death.

The Lordship of Isleham, properly called Great Isleham, borders Fordham to the south, and to the west and north is next to Soham.

The eastern boundary with Suffolk is marked by the River Lark.

For information email *manorial@msgb.co.uk* or visit *www.msgb.co.uk*.

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Family Announcements
01638 662581

Deaths

ALLEN. Frederick Arthur of New Cheveley Road, Newmarket (Murrays Paint Shop) sadly passed away on Wednesday, December 1st, 2010, aged 96 years. Much loved husband of the late Sarah (Sally) and a dear father of Marian, Christine and grandfather of Ian. The funeral service will be held at West Suffolk Crematorium, at 2.15pm, on Tuesday, December 14th. Family flowers only please but donations if desired made payable to Parkinson's Disease Society c/o Southgate of Newmarket Funeral Directors. Tel: 01638 662480.

Place your Family Announcement with your local Newspaper by telephoning 01638 662581 or call into 15 High Street, Newmarket

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Networking Newbie?
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Top coach offers tips

MENTAL patients can take part in free table tennis sessions with coaching by a top player.

Funding of £3,844 from Sport England has helped get the project, called Active for Life Table Tennis, started at Newmarket Leisure Centre.

Participants must be referred by the Newmarket community health team of the Richmond Fellowship for community mental health.

Coaching will be by Mark Mitchell, a former member of the England table tennis team and four times coach for the British Paralympic team.

Drug-drive warning

DON'T drink or drug-drive this Christmas.

That's the message from Cambridgeshire Constabulary who have launched their 'Twelve Crimes of Christmas' campaign to make residents safe this festive period.

Traffic officers will be out in force to clamp down on anyone caught over the limit on the county's road.

Casualty reduction officer, PC Tony Barrios, said: "Every year, people who are usually law-abiding citizens will, for some reason, chose to drive while drunk or high on drugs.

"It is a very serious crime and those who commit it should be prepared to be treated as a criminal.

"Getting behind the wheel under the influence of drink or drugs puts yourself and other road users in danger.

"It can wreck lives and we will not tolerate such behaviour."

Bid to build four homes

FOUR new homes could be built in Soham.

Mr Oliver and Mrs Van Roy have applied to build four new dwellings on land north of 23, The Oaks.

The proposals, which have been submitted to East Cambridgeshire District Council, include building garages, car ports and creating a new vehicular access from The Oaks.

A decision could be made within the next to months.

To comment on the plans, go to *www.eastcambs.gov.uk*

Now open: orthodontist Diana Knight at the new surgery in Red Lodge which will welcome its first patients on Monday.

Villagers welcome new NHS dental surgery

A DENTISTS' surgery has opened in a growing village.

The new NHS dental surgery is the first to open in Red Lodge.

It will be run by Diana Knight, an orthodontist who has run a practice from her home in Barton Mills for 16 years.

She has two associate dentists in the practice, which also employs two dental nurses and other support staff.

The new surgery has been set up in a converted four-bedroom bungalow in Boundary Road, Red Lodge, and has taken more than a year to pass the various planning processes.

It was officially opened with a blessing by the Rev Roni Mechanic, vicar of the Barton Mills group of parishes, and the Rev Cheryl Collins, mission priest at Red Lodge.

Dr Knight cut the red ribbon to declare the surgery open.

Mildenhall architect Michael Croughton designed the conversion, which was carried out by S J Builders of Brandon and KBIT Services.

More than 50 patients have signed up at the practice, which will start treatments on Monday.

More details about the surgery and the treatments are available on the website *www.redlodgedentalsurgery.co.uk*

Public calls for 9% council cut

NEARLY nine per cent should be trimmed from a council's budget – according to the results of a public consultation.

BY JOHN GOODE
Email: editorial@newmarketweeklynews.co.uk

But there were just 122 responses to the six-week consultation carried out by Forest Heath District Council, which serves a population of more than 62,000.

The biggest cuts were suggested in the council's communications department, where a 17.8 per cent reduction in spending was proposed.

One of the main functions of the department is producing the council's Forest Heath News magazine, which is distributed free four times a year.

A majority of people who responded – 47 – called for a 25 per cent cut in the communications budget.

Overall, the consultation showed an average reduction of 8.77 per cent on a total budget of nearly £14 million.

Other areas where cuts should be made, according to the consultation, were in the number of senior managers and their salaries, as well as general reductions in the number of council staff and a reduction in councillors' allowances.

An average cut of 15.3 per cent was called for in "member and democratic support services."

But the lowest reductions were suggested in waste and recycling services – 4.7 per cent, CCTV and crime reduction – 6.1 per cent and services for the homeless – 6.1 per cent.

The results of the consultation were due to be considered by the council's corporate services committee yesterday, when councillors were due to be asked to decide how best to use the information in setting next year's budget.

Seven arrested in crackdown on illegal workers

SEVEN men suspected of working illegally at a chain of Italian restaurants run by Marco Pierre White and Frankie Dettori have been arrested.

Immigration officials raided the flagship branch of Frankie's in Knightsbridge, central London, after a tip-off.

They arrested and questioned an Albanian man and two Ecuadorian men who now face deportation.

A second raid, at Frankie's Braganza in Chiswick, west London, led to the arrest of three Brazilian men and an Algerian.

Bosses at the restaurant chain must prove they carried out legal checks or they could face a fine of up to £10,000 per illegal worker.

Sharon Flannery, of UK Border Agency, said the men were suspected of using counterfeit documents to gain employment.

She said: "These kinds of operations are being done every day by the UK Border Agency to combat immigration crime in London. More are planned in the coming weeks.

"Where we find people who are in the UK illegally we will seek to remove them. Illegal working has a serious impact on communities, taking jobs from those who are genuinely allowed to work."

The first raid, in Yeoman's Row, Knightsbridge, took place on November 25. The second, in Chiswick High Road, took place last Friday.

The family-friendly Frankie's chain was created by Marco Pierre White and Frankie Dettori and has branches in Stamford Bridge, Dubai and Dublin.

No-one was available to comment at the restaurant.

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Trainer clinches top prize at London's Derby Awards

NEWMARKET racehorse trainer John Gosden made reference to Lord Derby's controversial plans to build up to 1,200 homes in the town when he accepted a top award at the annual Horseracing Writers and Photographers Association Derby Awards in London this week.

Mr Gosden, who was named International Trainer of the Year, suggested that a collection should be made for Lord Derby, who was at the lunch as patron of the awards.

Mr Gosden is one of the opponents of Lord Derby's plans to develop around 160 acres of land at Hatchfield Farm on the edge of the town.

Other winners included Brough Scott, who was named Journalist of the Year, at the lunch, supported by boylesports.com and Spinal Research, held in London's Lancaster Hotel.

He previously won the award in 1977.

Prince Khalid Abdullah was named as owner of the year and flat race jockey of the year was Paul Hanagan.

Flat race trainer of the year was Richard Hannon.

Tony McCoy was named as National Hunt jockey of the year for the 12th time.

In our weekly column, reporter JOHN GOODE takes a look behind the racing scene to bring you news from in and around the stables.

Above: trainer John Gosden; left, journalist Brough Scott, and below, Tony McCoy riding Big Bucks to win the The Sportingbet.com long distance hurdle at Newbury last month.

Leading speakers to visit industry course

SOME of the national leaders of the racing industry have been confirmed as speakers at The Racing Industry course, which is being staged at Newmarket's British Racing School early next year.

Nic Coward, chief executive of the British Horseracing Authority, and James Oldring, the authority's corporate projects manager, will be among those addressing middle-managers from the industry.

Other speakers include former Royal racehorse trainer Ian Balding, Adrian McGlynn, company secretary at Weatherbys – the record keepers of racing, Alan Morecombe, chief executive of the Horsemen's Group, Kevin Darley, chief executive of the Professional Jockeys' Association, and Stephen Wallis, managing director of Newmarket Racecourses.

The residential course, to be held between January 31 and February 4, will include visits to Tattersalls racehorse sales, Sheikh Mohammed's Dalham Hall Stud and the historic Jockey Club rooms.

Places on the course are £1,200 per person.

For more details visit *www.brstric.com*, or call Alix Jones on (01638) 665103.

Carols in the ring

SOME of Newmarket's top racehorse trainers and other personalities supported the annual Racing Welfare carol concert in Tattersalls horse sale ring last night.

Children from the town's Fairstead House school also played a leading role in the event which raises money for the Newmarket-based charity.

Auction to help cricket pavilion

SPORTING memorabilia and tea at the House of Commons are among the items on offer at a charity auction in aid of a village cricket pavilion.

The pavilion at Six Mile Bottom, was badly damaged in a fire four months ago – just four years after it was rebuilt.

The auction is being held at the village's Green Man pub from 8pm on Sunday.

Festive collection for hospice may be last

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BY JOHN GOODE

Email: editorial@newmarketweeklynews.co.uk

AN appeal for gifts for a children's hospice may be held for the last time this year.

Newmarket's tourist information centre has been collecting gifts for various good causes for the past 10 years.

But the centre is due to move out of historic Palace House next year to council offices in the town's Guineas centre where there may not be the room to collect the gifts next year.

Christine Rawlinson, customer information assistant at the centre, said: "We want this year's appeal for East Anglia's Children's Hospice at Milton to be bigger and better than ever."

For the past five years gifts have been donated to EACH for children who are patients as well as their brothers and sisters.

Mrs Rawlinson said: "The hospice has asked for specific gifts again this year, including games like Connect 4 and Hungry Hippos, games for Playstations and X Boxes, DVDs for under 12s, arts and crafts materials, toiletries, vouchers for Tesco's, music shops and books and sensory items like bubbles and play sand." She said gifts for teenage boys and girls were also needed.

The donated gifts should not be wrapped and will be collected up to Christmas Eve. The collection bin was in place in time for the town's late Christmas shopping event on Tuesday. A craft fair and art sale will also be staged at Palace House.

For more information about the gift collection call the centre on (01638) 667200.

Gifts galore: tourist information assistant Chris Rawlinson. Picture: Richard Patterson 698587

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Annual celebration: Christmas festivities as we know them started in the mid 19th century.

Christmas caught on in 1850s

IT'S almost impossible to imagine now, but at the beginning of the 19th century Christmas was hardly celebrated at all.

Yet by the end of the century it had become Britain's biggest annual celebration, and took on many of the traditions which we recognise today.

Many attribute this change in attitude to Queen Victoria, and indeed her marriage to the Prince Albert did introduce many festive trends. In 1848 the *Illustrated London News* published a drawing of the royal family celebrating around a decorated Christmas tree, which was a tradition from his native Germany. Soon every home in Britain wanted its own tree, decorated with candles, sweets, fruit, homemade decorations and small gifts.

In 1843 Henry Cole commissioned an artist to design a card for Christmas. The illustration showed a group of people around a dinner table and a Christmas message. At one shilling each, these were pricey for ordinary Victorians and were only available to wealthy families. However the sentiment caught on and many children – Queen Victoria's included – were encouraged to make their own Christmas cards. In this age of industrialisation colour printing technology quickly became more advanced, causing the price of card production to drop significantly.

Together with the introduction of the halfpenny postage rate, the Christmas card industry took off. By the 1880s the sending of cards had become hugely popular, creating a lucrative industry that produced 11.5 million cards in 1880 alone.

Another festive tradition began in 1848 when a British confectioner, Tom Smith, invented a bold new way to sell sweets. Inspired by a trip to Paris where he saw bon bons – sugared almonds wrapped in twists of paper – he came up with the idea of the Christmas cracker: a simple package filled with sweets that snapped when pulled apart. The sweets were replaced by small gifts and paper hats in the late Victorian period, and remain in this form as an essential part of a modern Christmas.

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Eating disorder caused my daughter to die at 35 stone

"She made a mark on the world": Deena Renyard wasn't diagnosed with a rare genetic disorder until she was in her teens. Below right: Deena in hospital in 2005, shortly before her death. Right, Rose sharing precious memories of her daughter.

Born with a rare genetic disorder, Deena Renyard would stop at nothing to feed her insatiable hunger. Interview by ALICE RYAN

PLAGUED by a gnawing, insatiable hunger – so powerful she'd rip doors from their hinges to get food – Deena Renyard's entire life revolved around eating.

Suffering from a rare genetic disorder, which left her permanently ravenous, her weight spiralled to a deadly 35 stone; five years ago, her organs no longer able to take the strain, she died bed-bound in hospital. She was only 38.

"Food was Deena's main focus in life. The only thing I can compare it to is being a drug addict: if you took food away from her, it was like going cold turkey," explains her mum, Rose Felloni.

"She'd rip locked doors off their hinges to get to food. If you left anything in the fridge, forget it – all you'd find were empty packets. If you stood up to answer the door during dinner, you'd come back to an empty plate.

"People with this disorder literally eat themselves to death. They'll steal food, take it out of dustbins, off the floor…

"It is a terrible affliction. And it's made much worse by people's ignorance: Deena was often treated like a freak; she suffered a lot of personal misery.

"Yet she still had time for other people. She was a real character: not a day goes by when we don't talk about her; she's still with us, in a way."

Rose, who lives in Haverhill, is determined to raise awareness of the condition that blighted her daughter's life: called Prader-Willi Syndrome, it's a genetic disorder.

Incredibly rare (it affects around one in every 20,000 births), it stems from a chromosomal abnormality which affects the area of the brain controlling appetite.

"There is so much ignorance out there and Deena was often on the receiving end of it," explains Rose, 64. "One of the worst was a van driver who pinched a disabled parking space from us, saying Deena was 'so ****ing fat she could do with the walk anyway'. People were always making cruel comments about her being fat, lazy, greedy… It beggars belief really, to think right-minded people could say things like that – but they do.

"Fortunately, awareness is improving, and the future for children born with the condition today isn't as bleak as it used to be."

Rose held a giant book sale over a recent weekend – several tonnes of books went on sale at Thurlow Village Hall over two days.

She is keen to raise as much cash as possible for research into Prader-Willi, its causes and treatments. All the money raised will go towards funding the work of Professor Tony Holland at the University of Cambridge. Currently, there are few treatments and there is no known cure.

Looking back, Rose says Deena showed symptoms of Prader-Willi from birth – though no doctor recognised them. Her body was floppy and she couldn't suckle; in the end, Rose resorted to tipping milk into her mouth a teaspoon at a time.

"I'm not the panicky type, so I wasn't too worried," remembers Rose, a mother-of-three. "Then, when she was eight days old, a midwife came round. She didn't say anything, but next thing I knew there was a doctor on the doorstep saying 'There's a child dying in here'…"

Rushed to Addenbrooke's by ambulance, Deena spent the next eight days having test after test, all to no avail. "I was told then she would be a vegetable, that she'd never walk or talk," continues Rose. "But every time I was told something was impossible, I did everything I could to make it happen."

Giving Deena physio at home, Rose helped her develop muscle tone and co-ordination. Although she was slow to walk, walk

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she did. And, very gradually, her speech developed too.

By the age of 2, Deena's appetite was already voracious, prompting Rose to take her to the GP. "I knew something was wrong. I was told I just had a greedy child and to watch her weight. But if you didn't give her food, she would steal it.

"We went backwards and forwards to the doctor for years, but nobody took me seriously. By the time she turned 16 she was 14 or 15 stone and she was only little, only 4ft 10in tall. I thought 'This is too stupid for words, I'm not taking this any more' – I actually chained myself up in a hospital to get someone to take notice."

Eventually referred to a specialist, Deena was admitted to hospital for tests. She stayed there for six months until, at long last, an American expert suggested testing for Prader-Willi – and the test came back positive.

"At that time the prognosis was early teens. When they told me that, I hit the floor – she was already 16, you see. I spent about two days sobbing my heart out and then told myself 'Right, you've had your cry, it's time to stop feeling sorry for yourself and get on and deal with it. At least we know what it is we're dealing with now'."

With no medication available, Rose admits managing Deena's condition – and policing her food intake – could be tough. "Behavioural problems are also part and parcel of the condition and she had the most spectacular temper tantrums. She locked Pete, her step-dad, out of the house more than once."

Learning difficulties are also associated with Prader-Willi. During her early years of education, Deena was in a special needs class within a mainstream school; for secondary education, she moved on to a special school.

"Deena was actually very bright," adds Rose. "She could hold a good conversation and she was very political. And she certainly knew her own rights."

Rose – who has worked both as a lorry driver and in victim support in the past – was Deena's main carer (though professional carers also helped). "She had a love/hate relationship with me. She hated me because I'd given birth to her; if I hadn't, she wouldn't have been the way she was. But if anyone said a word against me, she'd defend me to the end.

"She had a lot of frustrations: she loved horse riding and swimming, but, as she got bigger, she had to give them both up. I made wedding dresses from home for a while, but I realised that was painful for her: she would have loved to have had a fairytale wedding, but she knew it could never happen… There were times when she would cry and say 'Mum, I'm going to die'.

"But she had a lot of time for other people too. She used to be a befriender to the elderly; she even used to offer to get Pete to mend things for them: once she brought home a pair of false teeth…"

A great animal lover, Deena always had pets. Among the most memorable was, laughs Rose, a hamster: when she found it lying lifeless in its cage, Deena thought it might just be a bit cold – and put it under the grill to warm it up. "I saw this orange glow coming up the stairs: it was Deena holding the grill pan, with a flaming hamster on it. She was so, so funny, but she hated people to laugh at her; that time I really had to bite my lip!"

When Deena died, she was 35 stone; her knees alone measured 42 inches in diameter (equivalent to an average woman's hips). Incredibly, she kept walking right up until her admission to hospital, despite crippling joint pain.

Prone to bouts of both lymphedema (profound fluid retention) and cellulitis (a chronic inflammation of the skin, causing it to break out in sores), Rose visited Deena one morning and found her confined to bed and in complete agony.

Even getting her to hospital proved a trial: there was no way Deena could get on a standard stretcher, let alone fit through the ambulance's back door. In the end, Rose had to remove the seats from her own people-carrier (fitted with a tail-lift specially for Deena) and drive her to hospital herself.

Deena spent the next five and a half months in West Suffolk Hospital. "She told me 'Mum, I know I'm not coming out of here'," says Rose. "It was very sad, but at least I was able to stay with her right till the end." For the last two weeks, Rose stayed at her daughter's bedside round the clock.

"Deena didn't ask to be born the way she was," adds Rose. "Her back could have broken or her heart exploded any time, yet she never gave in: if someone said to her 'You can't possibly do that', she'd damn well do it.

"We travelled a long and often lonely road together, made even harder by people's ignorance of her condition; at times, things became almost intolerable. But, Deena being Deena, she was more than capable of giving as good as she got. She was, in more ways than one, a larger than life character – and she certainly left her mark on this world."

To find out more about Prader-Willi Syndrome visit *www.pwsa.co.uk*

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Cracking fare at local pubs

The Reindeer: Lots of ways to celebrate Christmas and the new year.

THERE are lots of places to go in Newmarket where you'll enjoy the festive atmosphere to the full.

Here's our guide to four excellent pubs which are well worth a visit.

The Reindeer is a family-run pub located close to Newmarket and is surrounded by beautiful Suffolk countryside.

Managed and run by father and daughter team Nigel, who is the chef and licensee, and Georgina Sampson, who manages the bar, the Reindeer still has some availability for its Christmas party menu (£20 per person) which is available throughout December as well as the Christmas Day menu (£60 per person). The pub will also be open on New Year's Eve for a free disco and karaoke session, although food will not be served.

The Reindeer is well known for its high quality food and serves a menu of traditional pub favourites including Newmarket sausages and mashed potato, fresh fish and smothered chicken.

The Reindeer is at 62 the Street, Saxon Street, Newmarket. Call (01638) 730989 or email *information@thereindeerinn.net*. Alternatively visit *www.thereindeerinn.net* to see the full list of menus.

■ With the weather getting colder, sometimes a beautifully prepared carvery or steak is all you need to put the spring back in your step, for the best steaks, visit the Green Man at Six Mile Bottom.

Bought by current owners Richard and Jackie James back in 2006, the formerly run-down pub has been transformed with new décor based on the theme of country sports.

The beef for which the pub is famed arrives from a butcher in Colchester after being hung for a minimum of three weeks to improve the flavour. All steaks come from British cattle, such as Hereford or Aberdeen Angus, and are available in an enormous range of cuts and sizes, from 8/16/24oz rump steaks, 8oz fillets, 8/10/16/20oz sirloins, 16/24/32oz T-bones and 8/12/16oz rib-eyes. The pub also specialises in locally shot venison and game, as well as a hearty rabbit pie.

The Green Man, London Road, Six Mile Bottom. Call (01638) 570373, or visit *www.sixmilebottomgreenman.co.uk*.

■ If you can't face another turkey dinner, or want to spice up your office party try the Mexican-themed Christmas menu at the Fox, in Burwell.

A set menu of a delicious three course, plus a bottle of wine to share between four is available for just £24.95 per person.

The Fox: Mexican theme for Christmas menu this year.

ADVERTISING FEATURE

The Green Man: Enjoy a carvery or steak with your festive drink.

On Christmas Day itself, the pub will be open for a traditional drink and warm reception, complete with log fire, between midday and 2pm.

If you're looking ahead to New Year's Eve, the Fox is hosting a glamorous 1940s style fancy dress party, with a retro-themed buffet, a disco and a special firework display for just after midnight. Early birds can bag a ticket for £6, and they will also be available on the door for £10.

The Fox is at 2 North Street, Burwell. For more information please call (01638) 741267.

■ Now re-established as a classic country pub and restaurant, the King's Head in Dullingham has been refurbished inside and out for the Christmas season.

The pub has introduced a whole new menu, all new specials and an updated wine list. There is also a function room which has been newly refurbished, and the lodge can be booked for parties of up to 60 people, while the snug seats up to 12. Spaces are still available for Christmas parties and functions. The pub specialises in tailoring menus for any sized party.

To see the special Christmas menu, email *the.kingshead@hotmail.co.uk* or call (01638) 507486. The Kings Head, 1 Stechworth Road, Dullingham, Suffolk, CB8 9UJ.

The King's Head: Refurbished inside and out – and a new menu.

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Going up: Lovell site manager Mark Butters helps Newmarket Community Fire Station lead advanced working at height officer Simon Cornwell with one of the training exercises at Charles Close. CP

Developers to the rooftop 'rescue'

A HOUSING developer has helped out Newmarket Community Fire Brigade by allowing fire crews to carry out rooftop training exercises at empty homes in the town which are set to be demolished.

Lovell is building 27 new affordable homes for Flagship Kings' Forest, part of the Flagship Housing Group, at Charles Close, Newmarket, in place of 20 existing properties in a £2.2m development.

Firefighters based at the Willie Snaith Road fire station used some of the empty properties earmarked for demolition to practice some dramatic rescue procedures.

The exercises included a simulated rooftop rescue where firefighters used roof ladders and harnesses to 'save' a person trapped on top of a house.

Lovell regional director Simon Medler said: "It's essential that firefighters have the chance to train in realistic conditions. When the fire brigade asked if they could use the empty homes we are going to be demolishing at Charles Close for these exercises, we were delighted to help out."

Newmarket Community Fire Station watch manager Terry Austin said: "The offer from Lovell to use Charles Close for this exercise gave all operational personnel based at Newmarket Community Fire Station the opportunity to carry out vital training using new equipment in realistic conditions.

"In addition to simulating rescues at height, this type of exercise allows our firefighters to practice the procedures they would need to follow when fighting chimney fires at roof level, or removing roof tiles during an incident."

Lovell is also carrying out external refurbishments at seven properties as part of the project. Work is due to start early in the New Year.

Action plan to tackle poor school results

BY JOHN GOODE

Email: editorial@newmarketweeklynews.co.uk

COUNCILLORS are calling for action to tackle poor exam results at schools in the Newmarket and Mildenhall areas.

Results from schools in the Forest Heath district are below national and Suffolk county averages.

Now members of the district council want to identify the causes and take action, in conjunction with county education chiefs, to address the problems.

A report to the district council's overview and scrutiny committee shows that schools are not achieving national and county average figures for pupils with five or more GCSEs between A* and C grades.

Last year the Suffolk average was 48.7 per cent and the national average was 50.7 per cent. But just 36 per cent of students at Mildenhall College of Technology got five A*-C grades and the figure for Newmarket College was 43 per cent.

The figures were an improvement on the previous year, when the average for Mildenhall College was 32 per cent and the average for Newmarket College was 35 per cent. The national figure for 2008 was 47.6 per cent and the county figure was 46.6 per cent.

Those leaving school with no qualifications were slightly better than the county average with 13.7 per cent in Forest Heath compared to 13.2 per cent across the county.

But only 16.5 per cent of the district's population have a qualification higher than NVQ Level 4, compared to a county average of 21.5 per cent and national average of 29 per cent.

Nigel McCurdy, the district council's strategic director (services), said, in a report to councillors: "The precise causes of this relatively poor level of attainment is unclear, but has substantial implications for the economic viability of the district, both in the short and long term."

Jane Bourne, a senior county education adviser, is due to address the committee which meets today.

Cllr Roger Fern, from Ipswich Borough Council, will also tell the committee how a similar exercise has worked there.

The committee is being asked to develop an action plan to help improve results.

Cuts force specials to plug the gaps

MORE than 140 special constables will plug the gaps in Cambridgeshire's frontline policing as savage cuts loom.

The force is bracing itself to slash £30 million from its £130 million budget and has announced it is looking to increase the numbers of specials by a third.

Cambridgeshire county councillor Geoffrey Heathcock, former chairman of the Cambridge city local police consultative committee, said: "There was absolutely no substitute for having a proper and effective complement of full-time officers.

"If we are to see frontline officers cut, we will undoubtedly see a rise in crime and the vulnerable will be hit hardest."

Specialist "learning and development" staff would help train the higher numbers of special constables (SCs) as they have more time available because of the recruitment freeze on regular police and police community support officers.

A report to Cambridgeshire Police Authority said: "Clearly, should regular force recruitment recommence, training staff support to special constabulary recruitment would be scaled back."

The report said it cost £340,000 to train, equip and cover the expenses of 170 SCs last year, but the volunteers provided 40,000 hours of duty to the force. Government ministers said they want to "unlock potential" of specials and would consider creating ranks of police reservists based on the Armed Forces model.

The force plans a 33 per cent increase in 2011/12, with 144 new recruits by March 2012.

Burglary at office

A LAPTOP computer was stolen when a burglar broke into an office.

A door was damaged at the office in All Saints' Road, Newmarket, when the break-in happened between 6pm last Wednesday and 8.30am on Thursday.

Anyone with information should contact Pc Jono Waller at Mildenhall Police on (01284) 774100 or Crimestoppers, anonymously, on 0800 555111.

Mercedes van stolen

A VAN was stolen from Valley Way, Newmarket, between 11.30pm on Thursday and 3.30am on Friday.

The white Mercedes Sprinter van had the registration KM53 SVW.

Anyone with information should call Sgt Mark Shipton, of the Newmarket Safer Neighbourhood Team, on (01284) 774100 or Crimestoppers on 0800 555 111.

Electrical box on fire

A FIRE in an electrical box was tackled by firefighters.

The incident happened at 4.58am on Thursday at Wingfield Avenue, Lakenheath. Crews from Brandon and Mildenhall attended the scene.

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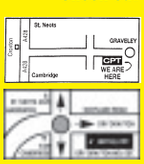

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THE GUIDE

INSIDE

Latest films 19
Puzzles 20
Gardening 21
Weekend TV 22

Magic season with Aladdin

DAME ON: panto favourites Widow Twankey, played by Brad Fitt, and Julie Buckfield as Aladdin, now appearing at Cambridge Arts Theatre. CP

Escape to the magical world of Aladdin this festive season as the favourite family panto opens today until January

THE much-loved Christmas pantomime, *Aladdin,* is being presented as the popular seasonal show at Cambridge Arts Theatre until January.

The team that brought last year's hilarious *Dick Whittington* and the 2007 hit production of *Cinderella* are reunited once more for a tale of jewel-studded caves, flying carpets and, of course, a quest for true love.

A host of magical stars of stage and screen will bring the Arts Theatre alive with songs and laughter, joy and magic – not to mention a sprinkling of fairy dust, to make this Christmas a festive season that all will remember.

Resident Dame Brad Fitt returns to the Arts Theatre stage as the feisty Widow Twankey, following his hilarious and acclaimed performances as Sarah the Cook in Dick Whittington and the prettier half of Ugly Sister duo Dolce and Gabanna in Cinderella.

Joining him are Arts Theatre favourites Julie Buckfield (Hollyoaks, Grange Hill) as Aladdin and Matt Crosby as Wishee Washee.

The famous story is set in a far-off land where there lived Widow Twankey and her dashing son, Aladdin.

When Aladdin falls in love with a beautiful Princess, it seems he has all he could ever wish for, but the evil Abanazer has other ideas. Tricked by sorcery, Aladdin finds himself trapped with no hope of escape – until he stumbles on a lamp possessing all the magic of the world.

Cambridge Arts Theatre's traditional pantomime is one of the very best around. There are new laughs and old for all the family in this magical musical production jam-packed full of songs, joy and magic – Aladdin is the perfect Christmas treat.

The cast includes Julie Buckfield as Aladdin, Matt Crosby as Wishee Washee, James Hirst as Abanazar, Martyn Ellis as The Emperor of China, Danielle Ella as the Princess, Ngo Ngofa as the Slave of the Ring and Jamie-Ray Hartshorne as the Genie of the Lamp.

This year's exciting cast has dazzled in the West End. Credits include *Les Miserables, The Lion King, Fame, Guys and Dolls, Aspects of Love, Evita, Jesus Christ Superstar*, and *La Cage Aux Folles.*

■ Performances of *Aladdin* will be running from today until January 16 with a number of matinee and evening shows. Details and tickets, £10 - £30, from the box office on (01223) 503333 or visit *www.cambridgeartstheatre.com*

Don't miss Saturday's *Cambridge News* for your complete 7-day TV guide

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Christmas tale

FOLLOWING *A Merry Little Christmas* in 2009, The Junction at Cambridge's associate artists Gomito return with another magical Christmas story.
When a chestnut seller arrives in a small town, all the residents are happy to befriend him. All but a mysterious toymaker, hidden away in his workshop.
The show is now running and continues until Sunday, January 2. Tickets cost £10/£6, visit www.junction.co.uk or call (01223) 511511 to book.

Tiny people

BEG, steal or borrow tickets to the latest children's production at the ADC, Cambridge.
Below the floorboards, behind the kitchen clock, live the family of tiny people, *The Borrowers*, from the book by Mary Norton. Pod, Homily and their daughter Arriety own nothing at all. They borrow whatever they need from the 'human beans' who don't know they even exist . . . until the day Arriety makes friends with 'the boy' from upstairs. Danger is never far away.
The show is running at the ADC this week until Saturday. Tickets are available for £10/£8. Visit *www.adctheatre.com* or call (01223) 300085.

Ezio does it

PERFORMING since the early 1990s, Ezio will be in concert at The Junction in association with The Co-operative Cambridge Folk Festival, on Saturday.
Ezio combines two lead guitarist – Ezio Lunedei and Mark "Booga" Fowell – to form one perfect unit. Doors open at 7pm and tickets are £12 from 01223 511 511 or visit *www.junction.co.uk*

Middle Eastern mix from inspired pianist

INTERNATIONALLY-acclaimed pianist and composer Tara Kamangar will be performing her unique compositions during a special concert on Saturday.

The stunning location of the Fitzwilliam Museum in Cambridge is the setting for an evening of inspired music.

Praised as a "huge talent" and a "world class-musician who excels at blending the best of Western and Middle-Eastern compositions", Tara brings audiences rarely-heard works by Iranian composers of the past century.

These particular works are inspired by the poems of the Shahnameh or the Persian Book of Kings, and will be complemented by pieces by Shostakovich, Kachaturian and Rachmaninoff, among others.

With a diverse repertoire ranging from Bach to Behzad Ranjbaran, Tara's career highlights have included performances at London's Cadogan Hall, Washington DC's National Gallery of Art, New York City's Skirball Auditorium, Oakland's Paramount Theatre, and LA's Walt Disney Hall.

A native of California, Tara has studied the piano and violin from the age of three.

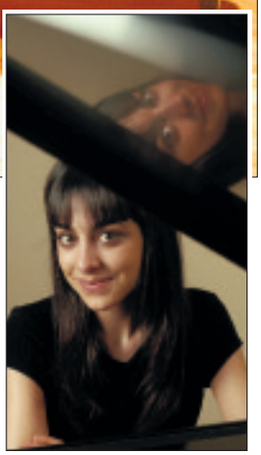
She is an honours graduate of Harvard, where she received her BA in Anthropology, and London's Royal Academy of Music, where she was a recipient of the Kathleen Bayfield scholarship.

She is currently recording her debut album, *East of Melancholy: Piano Music from Russia to Iran* with the Grammy-award winning music engineer, Leslie Ann Jones, as well as an album of original songs inspired by French chansons and jazz, written to lyrics by her brother.

The concert is at the Fitzwilliam Museum Gallery 3 on Saturday from 6.30pm until 8.30pm.

Tickets are £12, £10 concessions by calling (01223) 357851.

INSPIRED: pianist Tara Kamangar will be performing a blend of Western and Middle Eastern compositions. CP



Rock on with the Aussies

THE best classic rock music on the planet is one description given to gig being given at the Cambridge Corn Exchange tomorrow night.

Using a winning formula of impeccable musicianship matched with a spectacular sound and lights show, animations and a sprinkle of Aussie humour, The Australian Classic Rock Show presents two and a half hours of classic rock's best moments.

A virtuoso band of top musicians will perform a mix of selected classic rock album sides plus a special anthem-by-anthem climax to the show.

This will include tracks by such rock greats as Supertramp, Dire Straits, Led Zeppelin, The Eagles, Steely Dan, Genesis, Jimi Hendrix, Eric Clapton, Lynyrd Skynyrd and The Who.

An unforgettable evening of guitar rocking, air punching, chorus singing, foot-stomping fun is guaranteed.

A classic rock fan's ultimate live juke box!

The show starts at 7.30pm. Tickets are £25 from 01223 357851 or *visit www.cornex.co.uk*

Cinema Listings

All times are PM unless otherwise stated
Times from Fri, Dec 10, until Thu, Dec 16

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Coco before Chanel (12A): Mon 7.30

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The Chronicles Of Narnia - The Voyage Of The Dawn Treader 3D (PG): Fri 12.30, 1.45, 3.10, 4.30, 5.50, 7.15, 8.30, 10; Sat 11am, 12.30, 1.45, 3.10, 4.30, 5.50, 7.15, 8.30, 10; Sun 11am, 12.30, 1.45, 3.10, 4.30, 5.50, 7.15, 8.30; Mon-Thu 12.30, 1.45, 3.10, 4.30, 5.50, 7.15, 8.30
The Chronicles Of Narnia - The Voyage Of The Dawn Treader (PG): Fri 1, 3.40, 6.15; Sat-Sun 10.30am, 1, 3.40, 6.15; Mon-Thu 1, 3.40, 6.15
The Tourist (12A): Fri-Mon 12.20,2.45,5.10,7.30, 9.45; Tues 12.20,2.45,6.15,9; Wed-Thu 12.20,2.45,5.10,7.30,9.45
Megamind 3D (PG): Fri-Thu 12.30, 3, 5.15, 7.30, 9.40
Megamind (PG): Fri 1.50, 4.15; Sat-Sun 11.30am, 1.50, 4.15; Mon-Thu 1.50, 4.15
Monsters (12A): Fri-Thu 7, 9.20
Unstoppable (12A): Fri-Thu 12.10, 2.25, 4.45, 7.10, 9.30
The American (15): Fri-Thu 9
Harry Potter And The Deathly Hallows: Part 1 (12A): Fri 12.10, 1.50, 3.10, 5, 6.10, 8.15, 9.10; Sat-Sun 10.45am, 12.10, 1.50, 3.10, 5, 6.10, 8.15, 9.10; Mon 12.10, 1.50, 3.10, 5, 6.10, 8.15, 9.10; Tues 12.10, 1.50, 3.10, 5, 8.15, 9.10; Wed-Thu 12.10, 1.50, 3.10, 5, 6.10, 8.15, 9.10
movies for juniors
A Christmas Carol (PG): Sat 10am
Shrek Forever After (U): Sat 10am
Toy Story 3 (Includes Pixar Short Film 'Day & Night') (U): Sat 10am

Bury St Edmunds Cineworld
0871 200 2000
www.cineworld.co.uk
The Chronicles Of Narnia - The Voyage Of The Dawn Treader 3D (PG): Fri 1.45, 3.15, 4.30, 6.00, 7.15, 8.45; Sat-Sun 11am, 12.30, 1.45, 3.15, 4.30, 6.00, 7.15, 8.45; Mon-Thu 1.45, 3.15, 4.30, 6.00, 7.15, 8.45
The Chronicles Of Narnia - The Voyage Of The Dawn Treader (PG): Fri 2.30, 5.20, 8; Sat-Sun 11.35am, 2.30, 5.20, 8; Mon-Thu 2.30, 5.20, 8
The Tourist (12A): Fri-Sat 1.30, 4, 6.40, 9.10; Sun 11.10am, 1.30, 4, 6.40, 9.10; Mon-Thu 1.30, 4, 6.40, 9.10
Megamind 3D (PG): Fri 1.10, 3.30, 4.15, 5.45, 6.30, 8.15; Sat-Sun 10.50am, 1.10, 3.30, 4.15, 5.45, 6.30, 8.15; Mon-Thu 1.10, 3.30, 4.15, 5.45 (subtitles Mon), 6.30, 8.15 (subtitles Mon)
Megamind (PG): Fri 2.10; Sat-Sun 11.45am, 2.10; Mon-Thu 2.10
Unstoppable (12A): Fri-Thu 9.20
Harry Potter And The Deathly Hallows: Part 1 (12A): Fri-Thu 1, 2, 4.10, 5.10, 7.30, 8.30
Despicable Me (U): Sat-Sun 11.50am
movies for juniors
A Christmas Carol (PG): Sat 10.10am
Shrek Forever After (U): Sat 10am
Toy Story 3 (Includes Pixar Short Film 'Day & Night') (U): Sat 10.20am

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08719025722
Cuckoo (15) with director Q&A: Thu 6
The American (15): Fri 2.30, 8.30; Sat 6; Sun 4.30; Mon 6; Tues 8.30; Wed 6; Thu 2.30, 8.15
The Kids Are All Right (15): Fri 6; Sat 2.30, 8.30; Sun 2; Mon 8.30; Tues 6; Wed 2.30, 8.30; Thu 5.45
Chico And Rita (15): Fri 2.15, 5.45; Wed 5.45; Thu 8.30
Red (12A): Fri 8.15; Mon-Tues 5.45
Cinema Paradiso (PG): Mon 8.15; Wed 2.15
Africa United (12A): Tues 8.15; Thu 2.15
Archive Screening: Here Was The News 1960 Part 1: Sat 11.30am
Legend of the Guardians (PG): Sat 2
Enchanted (PG): Sat 11.15am
Met. Opera: Don Carlo: Sat-Sun 5.30
National Theatre Encore: Hamlet: Sun 1.15
Cathedral Film Society: The Dresser (PG): Sun 7
Bury St Edmunds Film Society: The Merchant Of Venice (PG): Wed 8

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www.themaltingsely.com
Despicable Me (U): Sun 3The Kids are All Right (15): Sun 7.30 Its a Wonderful Life (U) 1947: Wed 3, 7.30.

The big film

LONDON BOULEVARD
certificate 18 104m

BOASTING an all-star cast and penned by William Monahan, the Oscar-winning screenwriter of Martin Scorsese's crime thriller *The Departed*, *London Boulevard* has all the elements to make it a top-notch gangster movie.
But if a Scorsese film's the cinematic equivalent of an intricately crafted revolver, then this is simply a replica. It looks good on the surface and does what's called of it, but offers nothing new or interesting to the genre.
The climactic scene should surprise audiences but the journey to that point is a predictable one, with Monahan seemingly having checked off a 'must-do' list for gritty London gangster movies – down to the gratuitous lap dancing shots.
Reworked from a crime novel by Ken Bruen, itself a pastiche of *Sunset Boulevard*, it stars a 'cockney-fied' Colin Farrell as Mitchel, an ex-con who emerges from Pentonville Prison ready to make a fresh start.
Lacking funds and a place to stay, it's not long before he's sucked back into London's underbelly alongside his old mate, Billy (Ben Chaplin). But Mitchel's success on the streets soon catches the eye of ruthless crime boss Gant (Ray Winstone).

Seeing Mitchel as a potentially valuable asset, Gant extends a lucrative job offer to him – only for it to be rebuffed.
"You don't want me to be a gangster, nobody wants me to be a gangster 'cos I could not stop if I started. You'd be the first to die," Mitchel tells Gant over dinner in one of the film's most impressive scenes.
As Mitchel is soon to discover to his cost, no-one turns down Gant and the final third of the film becomes increasingly vicious in a deadly game of cat and mouse.
It's to Farrell's credit that he can chop and change between being a cold-hearted villain and a tender protector, looking out for his troubled sister (Anna Friel) and Charlotte, a reclusive actress played by an under-stretched Keira Knightley, who employs Mitchel to protect her from paparazzi.
A relationship ensues but the love story never feels more than a sub-plot.

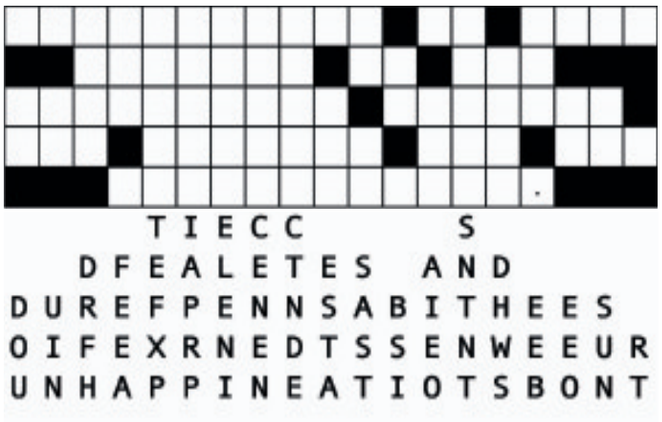
Lost letters 43

In each of these puzzles a famous or popular quotation fills the grid. The individual letters remain in their correct column, but have fallen out and are out of order.

Reinsert them in the correct order to find the answer. Any punctuation is given in its own square.

This quotation is from Edward De Bono.

■ Last week's solution: **Ability is of little account without opportunity.**



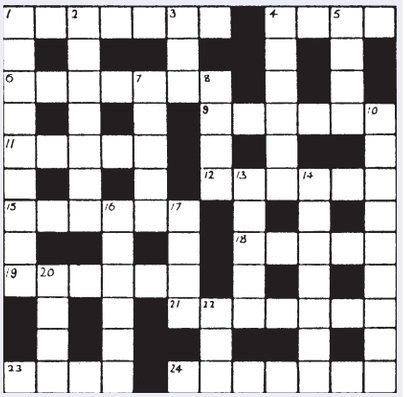
Sudoku 130:
Place a number from 1 to 9 in each empty cell so that each 3x3 block, column, and full row includes each of the numbers from 1 to 9 only once.

	7	1	8					
8			2			7		
3		2	5					
		6		4				8
				7				1
	4					5		9
1				3				2
	6							
			7			6		

1	6	2	7	8	5	9	4	3
5	8	9	3	2	4	1	6	7
3	7	4	1	6	9	8	2	5
2	1	3	6	4	7	5	8	9
8	5	6	9	1	3	4	7	2
9	4	7	8	5	2	3	1	6
7	2	5	4	9	1	6	3	8
4	9	8	2	3	6	7	5	1
6	3	1	5	7	8	2	9	4

■ Last week's solution.

Crossword 2195



Across

1. The important bill about an Island. (7)
4. Buzzer starts to turn towards vegetable. (4)
6. Vital call to hang the openers on. (7)
9. Artist's back, forbidding passion. (6)
11. More money at work gives lift. (5)
12. Catch ten unexpectedly before knock. (6)
15. In the morning Charles Lamb found girl. (6)
18. Arrive, holding book, in woody valley. (5)
19. Pull with ease, say, with old American. (6)
21. Wait on table again as a back-stop. (7)
23. Good man approaches silver deer. (4)
24. Heated reference returns to opening. (7)

Down

1. Prepare to create money. (4,5)
2. Bliss given lift on unauthorised fun trip. (7)
3. Caught working with a fiddle. (3)
4. Brigand joined musicians with computer. (6)
5. European said to have spotted a son of Isaac. (4)
7. I approach fashionable city, climbing to meet old people. (5)
8. Greedy leader consumed the opener. (4)
10. Act on behalf of salesman, mind. (9)
13. Steals the boy's reportedly. (5)
14. Soldier with code shows compunction. (7)
16. Fondness for ruler after fifty-one. (6)
17. Confirm, in a very serious part. (4)
20. Help with a wager. (4)
22. See what I says! (3)

Solution 2194 – Across: 1. Part; 7. Plenty; 8. Same; 10. Aga; 11. Low-down; 12. Ill; 13. Staid; 17. Seven; 19. Dan; 21. Keenest; 22. Spa; 23. Ends; 25. Roused; 26. Stir. **Down:** 1. Pasta; 2. Rim; 3. Flawed; 4. Invoice; 5. Cyanide; 6. Really; 9. Elsa; 14. Tankard; 15. Impetus; 16. Odessa; 17. Seemed; 18. Vote; 20. Visor; 24. Nut.

FOUR Ws

1. WHO...wrote the novel *Mr Midshipman Easy*? WHAT...sort of creature is Sciurus vulgaris? WHERE...in Africa is the city of Oran? WHEN...was the actress Julie Walters born?

2. WHO...won golf's Mercedes Championships for the third consecutive time in January 2006? WHAT...is the country that lies due east of Laos? WHERE...is the Prime Meridian located? WHEN...did Catherine of Aragon marry Henry VIII of England?

3. WHO...wrote the television drama series *Boys From The Blackstuff*? WHAT...is the state capital of Indiana, US? WHERE...in Africa are the cities of Marsabit and Garissa? WHEN...did the actor Charlie Sheen marry actress Denise Richards?

Answers: 1. Captain Frederick Marryat; Red squirrel; Algeria; 1950. **2.** Stuart Appleby; Vietnam; Royal Greenwich Observatory, London; 1509. 3. Alan Bleasdale; Indianapolis; Kenya; 2002.

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Christmas wishes for TV's gardening stars

ALL I WANT FOR CHRISTMAS: **TV gardening star Charlie Dimmock has added a folly to her wish list this year.**

What do you give the celebrity gardener who has everything? Here are a few of the items on their wish list which may provide gift seekers with a little inspiration.

by Hannah Stephenson

■ Gardening writer and presenter Alan Titchmarsh says: "I've just discovered a great Dutch supplier of garden tools called de Wiltfang (*www.dewiltfang.nl*) and would love one of their long-arm pruners which has a pair of secateurs at the end of a 2m pole. Great for pruning fruit trees without a ladder!"

And what would he give? "I'd be happy to make any gardening friend a present of a de Wiltfang garden sprinkler – great for the veg patch since it's made of brass and steel and so lasts much longer than plastic models. Mine was hugely useful last summer."

■ TV gardener Charlie Dimmock, who has downed tools for the festive season to appear in pantomime in Windsor, says: "At the moment I'm after a folly to go at the end of my garden. I would much rather have that than a statue as a focal point. I have an avenue of lavender hedge and a pretty holly hedge with an arch in it and the folly would be beyond that.

"I'd also like to receive some hardy shrubs with bold foliage, such as variegated fatsia or pittosporum, to give a backdrop to my herbaceous border."

What would she give? "You can never have enough secateurs – the number of times I've put a pair down and can't find them again – so I'd buy gardening friends some good quality secateurs such as Felco."

■ Award-winning garden designer and TV broadcaster Chris Beardshaw, whose new series of *Get Up & Grow* airs on BBC Northern Ireland next spring, says: "When I am not in the garden I love to be out on my road bike and so if I could have anything for Christmas it would be a bamboo bike. I had the pleasure of riding one recently and far from being a gimmick it is a serious contender to carbon or aluminium frames and it was an incredible piece of engineering. The bamboo is reputed to be the lightest and the strongest material available and the fibrous structure of the bamboo provides great shock absorbency." For information on bamboo bikes go to *www.bike bamboo.com*

What would he give? "If money was no object I would buy someone a mini digger for Christmas. There is not much else I can think of which provides so much fun on a garden site. You can become your own 21st century Capability Brown with a mini digger and get really creative. You can use it to dig out and shape a pond for wildlife, create earth mound sculptures or carve out terracing. The only thing is it might be a bit hard to wrap."

■ Christine Walkden, plantswoman and regular gardening expert on BBC1's *The One Show*, says: "I would love an Access mini-greenhouse frame. I have one already and find it so useful that I would love another. Being attached to the house it benefits from the heat lost through the house.

"It's so useful for raising plants in the spring and for growing tomatoes during the summer and in the winter I use it for over-wintering my non-hardy plants." Details of Access mini-greenhouses on *www.garden-products.co.uk* or phone (01788) 822301.

"The gift I would love to give is a day's course at a horticultural college or other establishment where the gardener could see skills being demonstrated and then given the opportunity of having a go themselves. There is nothing like doing it practically."

■ Adam Pasco, editor of BBC *Gardeners' World* magazine, says: "I'd be eternally grateful if someone could give me the ultimate control for slugs and snails, but would settle for regular visits by my favourite garden visitor, the song thrush, if that could be arranged.

"Otherwise, I'd like to increase my garden's productivity by extending the cropping season. I grow my salads and crops in deep beds – timber-edged beds about 1m wide, full of enriched soil. I'd love cloches that fit neatly over each bed that help warm and protect early sowings to produce earlier harvests, and also keep crops going through winter."

What would he give? "Gifts that grow are the best gardening presents for gardeners. Plants given by friends produce a personal bond that you remember every time you look at the plant. My choice would be a fabulous new fragrant rose called 'The One And Only'. It's the most beautiful red hybrid tea rose with a delicious, intoxicating scent. This is the rose to give as a gift to someone special in your life, as its name says it all. The roses open into magnificent fully double blooms that really need to be admired close-up in your home." The rose, priced £11.99, is available from *www.thompson-morgan.com*, or 0844 2485383.

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THE GUIDE | WEEKEND TV

SATURDAY

BBC1

6.00 Breakfast.
10.00 Saturday Kitchen Live.
11.30 Nigella Kitchen.
12.00 BBC News.
12.15 Football Focus. A look ahead to the weekend's action.
1.00 Inside Sport: The Marion Jones Story.
1.30 Live Snooker: UK Championship. The opening session of the second semi-final.
4.30 Final Score. Football results.
5.10 BBC News.
5.30 The Impressions Show with Culshaw and Stephenson.
6.00 Strictly Come Dancing. Bruce Forsyth and Tess Daly host the second semi-final.
7.00 Total Wipeout – Celebrity Special. Richard Hammond presents the first of two celebrity specials, in which 10 famous faces travel to Argentina to take on the extreme obstacle course in a bid to win £10,000 for their chosen charity.
8.00 The National Lottery Saturday Night Draws.
8.15 Casualty.
9.05 The Armstrong & Miller Show.
9.35 BBC News.
10.00 Match of the Day. Gary Lineker presents highlights of today's Premier League clashes, including Newcastle United v Liverpool and Aston Villa v West Bromwich Albion.
11.20 The Football League Show. Manish Bhasin presents highlights.

BBC2

6.00 CBeebies: The Pingu Show. 6.15 Bob the Builder: Project Build It. 6.25 Penelope. 6.30 Guess with Jess. 6.40 Postman Pat. 7.00 CBBC: Arthur. 7.15 Muddle Earth. 7.25 OOglies. 7.40 What's New Scooby-Doo? 8.00 MI High. 8.30 Mission: 2110. 9.00 Ingenious. 10.00 Little Howard's Big Question. 10.20 Sam & Mark's Guide to Dodging Disaster. 10.50 Dennis and Gnasher. 11.00 Roy. 11.30 The Big Performance.
12.00 BBC Switch: The Cut. 12.30 The Season. 1.00 The Season. 1.30 The 5:19 Show. 1.50 Revealed. 2.05 Revealed.
2.20 The Sky at Night.
2.40 FILM: The Big Circus (1959).
4.30 Live Snooker: UK Championship. Further coverage of the opening session of the second semi-final.
5.30 Dad's Army.
6.00 Making Scotland's Landscape.
7.00 Live Snooker: UK Championship. Coverage of the second and concluding session of the second semi-final of the ranking tournament at the Telford International Centre. Subsequent programmes subject to change.
9.30 Have I Got a Bit More News for You.
10.15 QI XL. With Guests Clare Balding, Dara O Briain and Jimmy Carr
11.00 The Trip.
11.30 Dara O Briain: Live at the Theatre Royal.

ITV

6.00 CITV: The Fluffy Club.
7.25 Toonattik.
9.25 The Cool Stuff Collective.
9.50 Planet Sketch.
10.00 The Planet's Funniest Animals.
10.30 The Crocodile Hunter Diaries.
11.30 This Morning: Saturday.
12.30 News and Weather.
12.34 Anglia Weather.
12.35 You've Been Framed!
1.05 Best Ever Worst Dance Moments.
2.05 FILM: Step Up (2006). Musical romance, with Channing Tatum and Jenna Dewan.
4.00 FILM: Liar, Liar (1997). Comedy, with Jim Carrey, Maura Tierney, Justin Cooper, Jennifer Tilly and Cary Elwes.
5.35 Anglia News and Weather.
5.45 ITV News and Weather.
6.00 This Is JLS. JB, Aston, Marvin and Oritse are hosting their first prime-time TV special, in which they'll be performing some of their biggest hits.
7.00 The X Factor The acts give it all they have got – but only two will make it through. A few surprises are also promised as big-name musical guests perform live.
9.00 Take Me Out. New series. Comedian Paddy McGuinness plays matchmaker.
10.00 FILM: Bridget Jones: The Edge of Reason (2004).
11.00 ITV News and Weather.
11.15 FILM: Bridget Jones: The Edge of Reason (2004). Concluded.
12.15 The Zone.

CHANNEL 4

6.25 The Treacle People. 6.35 Yo Gabba Gabba. 7.00 World Sport. 7.25 Sailing. 7.55 The Morning Line.
8.55 T4: One Tree Hill. 9.50 Ugly Betty. 10.40 Koko Pop. 11.15 Chronicles of Narnia: The Voyage of the Dawn Treader: Movie Special. 11.40 Friends. 12.10 Friends. 12.45 Beyonce: I Am – World Tour.
1.45 Channel 4 Racing. Live coverage from Cheltenham and Doncaster.
3.55 Come Dine with Me. Also **4.25, 4.55, 5.25** and **5.55.**
6.25 The Political Slot.
6.30 Channel 4 News.
6.55 4thought.tv.
7.00 Kirstie and Phil's Perfect Christmas. Yes, we know – the whole series was only on last week, but seeing as the festive season really is only a few days away, Channel 4 thinks we need a refresher course from Blighty's best-loved property experts.
8.00 Kirstie and Phil's Perfect Christmas. Advice on throwing Christmas parties for adults.
9.00 FILM: Meet the Spartans (2008) Comedy spoof of 300.
10.40 FILM: The Beach (1999). A young backpacker arrives in Bangkok, where a wild-eyed and paranoid veteran traveller tells him of the exact location of a remote paradise island. All is not as it seems, however, and the blissful idyll soon turns sour. Stars Leonardo DiCaprio.

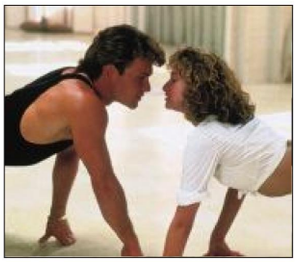
CHANNEL 5

6.00 Milkshake!: Peppa Pig. 6.05 Roary the Racing Car. 6.15 Fifi and the Flowertots. 6.25 Fireman Sam. 6.40 Rupert Bear. 6.50 Miss Spider's Sunny Patch Friends. 7.00 Mio Mao. 7.05 The WotWots. 7.20 Roobarb and Custard Too. 7.30 Harry and His Bucket Full of Dinosaurs. 7.40 Make Way for Noddy. 7.55 Mist: Sheepdog Tales. 8.05 Little Princess. 8.20 The Adventures of Bottle Top Bill and His Best Friend Corky. 8.35 Play! 8.45 Castle Farm. 8.55 Olivia. 9.10 The Mr Men Show. 9.30 George Shrinks.
10.00 Your Sport.
10.10 The Gadget Show.
11.10 FILM: All I Want for Christmas (2007).
12.55 FILM: The Angel of Pennsylvania Avenue (1996). Depression-era drama.
2.55 FILM: Avalanche Express (1979). Cold War thriller, starring Lee Marvin.
4.35 Five News.
4.40 FILM: Airport (1970).
7.15 NCIS.
8.00 NCIS. Tony opens a letter containing a mysterious white powder that infects him with a deadly virus.
9.00 CSI: Crime Scene Investigation. Part one of two.
10.00 CSI: NY. Stella's DNA is linked to an unsolved homicide case.
10.55 CSI: NY. John McEnroe stars.
11.50 Cops in Crisis. Harrowing tales of survival told by police officers.

Casualty
BBC1, Saturday, 8.15pm

The X Factor
ITV, Sunday, 7.30pm

Kirstie and Phil's Perfect Christmas
Channel Four, Saturday, 8pm


Dirty Dancing
Channel 5, Sunday, 9.30pm

SUNDAY

BBC1

6.00 Breakfast.
7.35 Match of the Day. Including highlights of Newcastle United v Liverpool.
9.00 The Andrew Marr Show.
10.00 Fern Britton Meets Jesse Jackson.
11.00 Country Tracks.
12.00 The Politics Show.
1.00 Wild Weather: The South West.
1.20 EastEnders. Omnibus.
3.15 Drop Zone. The remaining teams face challenges in Istanbul.
4.15 Points of View.
4.30 Songs of Praise. A carol concert from London's Union Chapel.
5.05 BBC News.
5.30 Jimmy's Food Factory.
6.00 Countryfile.
7.00 Strictly Come Dancing. Tess Daly and Claudia Winkleman return to announce which three couples have secured a coveted place in next week's final.
7.30 Antiques Roadshow.
8.30 Inspector George Gently. Bacchus and Gently hunt for the murderer of a woman whose body is discovered in a local church.
10.00 BBC News.
10.25 The Impressions Show with Culshaw and Stephenson.
10.55 Match of the Day 2. The day's Premier League action, featuring Tottenham Hotspur v Chelsea, Bolton Wanderers v Blackburn Rovers and Wolverhampton Wanderers v Birmingham City.
12.05 The Apprentice.

BBC2

6.00 CBeebies: The Pingu Show. 6.15 Bob the Builder: Project Build It. 6.25 Penelope. 6.30 Guess with Jess. 6.40 Postman Pat. 7.00 CBBC: Arthur. 7.15 Muddle Earth. 7.25 Sportsround. 7.40 Bear Behaving Badly. 8.00 Scoop. 8.25 Hotel Trubble. 8.55 Diddy Dick & Dom. 9.00 Deadly 60. 9.30 Horrible Histories.
10.00 Something for the Weekend.
11.30 Escape to the Country.
12.00 FILM: Triple Cross (1966). Fact-based Second World War spy adventure
2.00 Live Snooker: UK Championship. Coverage of the opening session of the final of the ranking tournament at the Telford International Centre, where eight frames are scheduled to take place. Subsequent programmes subject to change.
5.20 FILM: The Three Musketeers (1993). Swashbuckling comedy adventure, starring Kiefer Sutherland, Charlie Sheen and Oliver Platt.
7.00 Johnny Kingdom's Year with the Birds.
7.30 Dad's Army.
8.00 Live Snooker: UK Championship. Hazel Irvine introduces the concluding session of the final of the ranking tournament at the Telford International Centre.
12.00 Never Mind the Buzzcocks.

ITV

6.00 CITV: The Fluffy Club.
7.25 Toonattik.
9.25 Monk. Animated series following mischievous dog Monk.
9.30 The X Factor.
11.30 This Morning: Sunday.
12.30 News and Weather.
12.34 Anglia Weather.
12.35 Coronation Street. Omnibus.
4.15 Midsomer Murders. Midsomer Parva hosts the revival of a traditional pagan festival, but tragedy strikes when curate Alex Dakin is burned alive inside a straw effigy of a woman.
6.15 Anglia News and Weather. (
6.30 ITV News and Weather.
6.45 All Star Family Fortunes. EastEnders star John Partridge (Christian Clarke) takes on Caroline Flack, co-host of I'm a Celebrity Get Me Out of Here Now!
7.30 The X Factor. It's the final, and it has nothing to do with Simon, Cheryl, Dannii or Louis. If your favourite doesn't get through, you've only yourself to blame.
9.30 Piers Meets Elton: A Life Stories Special. Elton John talks to Piers Morgan about his career and performs two songs for the studio audience.
10.45 ITV News and Weather.
11.00 FILM: Music and Lyrics (2007). Romantic comedy, starring Hugh Grant, Drew Barrymore, Brad Garret and Kristen Johnston.
12.55 The Zone.

CHANNEL 4

6.10 Sali Mali. 6.15 Planet Cook. 6.35 Yo Gabba Gabba. 7.00 Survival of the Fittest. 7.30 Freesports on 4. 7.55 World B-Boy Series.
8.55 T4: Hollyoaks. 11.35 Friends. 12.05 Friends. 12.40 Ugly Betty. 1.40 The Simpsons. 2.15 The Simpsons.
2.50 FILM: Volcano (1997). Disaster thriller, starring Tommy Lee Jones.
4.50 Deal or No Deal.
5.40 FILM: Elf (2003). Fantasy comedy, starring Will Ferrell and James Caan.
7.30 Channel 4 News.
7.55 4thought.tv.
8.00 Celebrity Come Dine with Me Christmas Special. Food and dining challenge, with former EastEnders actress Hannah Waterman, music impresario David Gest, TV gardener Diarmuid Gavin and Loose Women panellist Sherrie Hewson.
9.00 Any Human Heart. Logan emerges from his coma, but is upset to hear of Ben's death. After being discharged from hospital, he returns to his old flat in London, where he struggles to make ends meet. Last in the series.
10.25 Desperate Housewives.
11.25 8 Out of 10 Cats. Jack Osbourne, Uri Geller, Tim Minchin and Holly Walsh compete in the irreverent panel show hosted by Jimmy Carr.

CHANNEL 5

6.00 Milkshake!: Peppa Pig. 6.05 Roary the Racing Car. 6.15 Fifi and the Flowertots. 6.25 Fireman Sam. 6.40 Rupert Bear. 6.50 Miss Spider's Sunny Patch Friends. 7.00 Mio Mao. 7.05 The WotWots. 7.20 Roobarb and Custard Too. 7.30 Harry and His Bucket Full of Dinosaurs. 7.45 Make Way for Noddy. 7.55 Mist: Sheepdog Tales. 8.05 Little Princess. 8.20 The Adventures of Bottle Top Bill and His Best Friend Corky. 8.40 Family! 8.45 Castle Farm. 9.00 Olivia. 9.15 The Mr Men Show. 9.30 George Shrinks.10.00 Shake!: iCarly. 10.35 True Jackson, VP. 11.10 Your Sport. 11.25 Street Market Chefs.
11.55 FILM: Cats & Dogs (2001). Comedy, starring Jeff Goldblum.
1.30 FILM: Blizzard (2003). Family drama, starring Brenda Blethyn.
3.30 FILM: Snow White (2001). Fairy-tale fantasy, starring Kristin Kreuk.
5.15 Five News.
5.20 FILM: Force 10 from Navarone (1978).
7.50 FILM: The One (2001). Futuristic martial arts adventure.
9.30 FILM: Dirty Dancing (1987). Romantic drama, starring Patrick Swayze, Jennifer Grey and Jerry Orbach.
11.35 FILM: Fools Rush In (1997). Romantic comedy, with Matthew Perry and Salma Hayek.
1.40 SuperCasino. Fifth Gear.

The new name in property for buying and selling

WEEKLY NEWS

HomesNOW©

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Hot properties
in the Newmarket region

Traditional home with a modern touch

page 24

WEEKLY NEWS HomesNOW

Traditional home with style

SITUATED in Glanely Gardens, in the village of Exning, is this handsome traditional-style home.

The property offers extensive accommodation which is presented to an excellent standard. This includes a striking entrance hall, large living room, family room, cloakroom, dining room, modern kitchen/breakfast room, utility room, master bedroom with en suite and dressing room, four/five further bedrooms and two bathrooms.

The large gardens are mainly laid to lawn and there is also a double garage. The property also benefits from attractive, far-reaching views over adjoining paddocks.

The property is on the market for £530,000. Get in touch with Cheffins on (01638) 663228.

at a glance

- On the market for £530,000
- Traditional style home
- Fabulous interiors
- Five/six bedrooms
- Garden and garage

A charmer with a past

IF your dream home comes with large gardens and plenty of character, take a look at this charming character cottage in Mildenhall Road, Worlington.

Dating back to the 1700s, it offers a reception hall, dining room with windows looking onto the garden, a living room with decorative cast-iron fireplace, a study, cloakroom/utility room and an impressive kitchen/breakfast room.

Upstairs there is a master bedroom with en suite, a shower room and three further bedrooms.

The gardens are partly walled and laid to lawn, with an abundance of mature shrubs and trees. Two paved terraces adjoin the house and there is a pond, garage and former coach house in addition.

This lovely home has a guide price of £545,000. Contact Jackson-Stops and Staff on (01638) 662231.

BURWELL
01638 742461

Morris Armitage

BURWELL £325,000 NEW

An impressive recently improved modern detached property nestled within a select non estate position. Consists of office, refitted kitchen/utility, sitting room, dining room, four bedrooms (ensuite to master) and a refitted family bathroom and stunning well stocked, enclosed garden.

SOHAM £259,995 NEW

An extended detached bungalow with views to rear overlooking open fields. Deceptive rooms include kitchen/diner, utility, three double bedrooms, bedroom 4/study. Separate annexe with kitchen, lounge and shower area. Enclosed garden with heated swimming pool. Viewing essential.

BURWELL £195,000 NEW

A stunning modern property set near the end of a cul-de-sac offering superb presentation and tasteful decoration throughout. Boasts entrance hall, refitted kitchen, a striking sitting/dining room, three bedrooms, bathroom as well as a fully enclosed clunch walled rear garden, parking/garage.

WEST WRATTING £425,000 NEW

A substantial extended and detached family home standing on the edge of the village and enjoying attractive gardens approaching 1/3 of an acre (STS). With three reception rooms, utility, FIVE bedrooms and ensuite. An outstanding opportunity. Viewing comes highly recommended.

BURWELL £145,000 NEW

A popular styled two bed home within a favoured development in the heart of the village. Comprises entrance porch, open plan living room/kitchen, conservatory, parking/garage. No Chain.

BURWELL £125,000 NEW

A superbly presented ground floor apartment set within easy reach of local amenities. Offering living/dining room, kitchen, two good size bedrooms and garage. No onward chain.

BURWELL £165,000 OFFERS AROUND NEW

A detached period property dating back to the late 1800's and set deep in the centre of the village. Requiring serious updating and modernising. Geared towards serious developers/builders.

01638 663228
cheffins.co.uk

185 YEARS

Cheffins

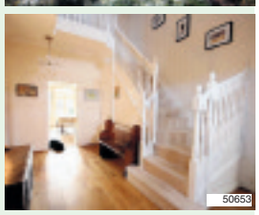
Burwell **£335,000**
TOLL COTTAGE is a delightful grade 2 listed detached cottage situated close to the heart of the village with a wealth of character and period features, 2-3 bedrooms and a 1st floor bathroom, 3 reception rooms and attractive established gardens.

Burwell **£299,950**
A substantial 4 bedroom detached house occupying a superb position with far reaching views over open countyside with 3 reception rooms, 2 ensuite bath/shower rooms and landscaped rear garden. NO CHAIN.

Dalham **£299,950**
A charming detached 3 bedroom cottage beautifully renovated and standing in elevated gardens in the centre of this sought after village. RARELY AVAILABLE - NO CHAIN.

Newmarket **£175,000**
A well presented bay fronted Victorian house on the North side of town with 2 reception rooms, 2-3 bedrooms, a large 1st floor bathroom, a pretty walled front garden and parking and a courtyard to the rear. VIEWING ESSENTIAL.

Burwell **£205,000**
A substantial 4 bedroom detached house standing in sought after Cecil Lodge Close with large rear garden, garage and parking. EXCELLENT VALUE - NO CHAIN.



Exning **£530,000**
A substantial 5 / 6 bedroom detached house situated within a small exclusive development with far reaching views over adjoining paddocks. The generous accommodation includes 4 bath / shower rooms and 3 reception rooms. An excellent family house.

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185 YEARS

Cheffins

Newmarket **£157,500**
A superbly presented 3 bedroom semi detached property recently refurbished with a brand new well equipped fitted kitchen and new bathroom suite, gas central heating, a long garden and NO ONWARD CHAIN.

Moulton **£280,000**
A extended and improved 4 bedroom modern detached bungalow, standing in a sought after development with a superb fitted kitchen / dining room, master bedroom with ensuite and a large L shaped garden.

Great Bradley **£175,000**
A 3 bedroom semi detached period property delightfully situated near to the village with superb views over open countryside, a large garage and attractive established gardens.

Red Lodge **£180,000**
A well equipped brand new 3 bedroom detached house forming part of a small development. 2 reception rooms, air source heat pump heating technology ,a garage, gardens and a master bedroom with ensuite shower room.

Newmarket **£185,000**
An extended 3 bedroom semi-detached house standing in an elevated plot in a popular development north of the town centre. an open plan kitchen/ dining room,1st floor bathroom and ground floor wet room. NO CHAIN.

Red Lodge **£195,000**
A beautifully presented 3 bedroom house with cloakroom, quality fitted kitchen, ensuite shower room, garage and enclosed rear garden. EXCEPTIONAL VALUE - EARLY VIEWNG RECOMMENDED.

Burwell **£199,995**
A beautifully presented link detached bungalow with 2 reception rooms, quality fitted kitchen, master bedroom with ensuite shower room, enclosed garden and single garage. OUSTANDING VALUE - NO CHAIN.

Newmarket **£210,000**
Modern 3 bedroom detached bungalow conveniently situated close to local shopping facilities and the circular bus route.Features include gas fired central heating and secondary double glazing.RARELY AVAILABLE - NO CHAIN.

Newmarket **£225,000**
A superbly presented 3 bedroom semi-detached property located on the edge of the development with a modern conservatory, a fitted kitchen/dining room, an ensuite and attractive gardens.

Kentford **£235,000**
An individual older style detached bungalow non-estate location with 2 double bedrooms and 2 bathrooms, a large sitting/dining room, garage and garden and NO CHAIN. EXCELLENT POTENTIAL.

Newmarket **£249,950**
A stunning 4 bedroom townhouse standing just minutes from the High Street with a South facing garden and paddock views. OUTSTANDING VALUE - NO CHAIN.

Newmarket **£169,000**
A beautifully presented bay fronted period property standing in the favoured South town location with 2 reception rooms, a modern fitted kitchen, 2 double bedrooms and attractive gardens.

Elegant home in a fine spot

ON the market with Jackson-Stops and Staff is this elegant modern home.

It stands in Meadow Lane, within the luxury Duchess Park development in Newmarket and offers attractive, spacious accommodation. The ground-floor rooms comprise a large reception hall, living room, dining room, study, kitchen/breakfast room with French doors to the garden, plus a utility room.

There are five bedrooms to the first and second floors, including a large master bedroom with en suite bathroom. A further family bathroom is also provided.

Outside, there is a driveway, double garage and landscaped gardens.

This attractive modern home is on the market at £650,000. For further details, contact the agents on (01638) 662231.

Rental boom boosts demand for property

THE rental market is booming, with more than 19,700 new tenants registering for rental properties in September according to the UK's largest letting agent, Countrywide Residential Lettings.

Abbotts Countrywide have seen demand for rental properties increase over the last few months, particularly in Cambridgeshire and Suffolk. With tenant demand already at record levels, the changes announced in the Government's Comprehensive Spending Review could see more people entering the rental market, making the buy-to-let market a perfect opportunity for investment.

A rental market expert provides some tips for local landlords:

- Location is critical when purchasing a buy-to-let property. Areas with a high concentration of students present themselves as guaranteed income. Select an area where there is a high demand for the type of property you can afford to buy and the level of rent you will need to charge in order to make a profit.
- Do your research. Speaking to estate and letting agents in your chosen area is the best way to get reliable information about what kind of properties are in demand and will enable you to gauge rent prices.
- Visit properties. The cardinal sin many first-time buy-to-let investors make when purchasing a property is critiquing it against their own desires for their next home rather than what would be the best property for renting.
- Recruit a letting agent. A letting agent will manage the day to day running of the property. An agent will also manage the formalities by making sure the tenant's deposit is paid into the tenancy deposit schemes, find suitable tenants and check references from employers, previous landlords and bank statements.

To speak to your local letting agent about the buy-to-let opportunities available to you, call your local Abbotts branch on (01638) 666348 or (01223) 353346.

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WHATLEY LANE

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EXTENSIVE VILLAGE PROPERTY £500,000

Occupying a sizable plot in the sought after village of Kentford with an annex conversion.
Recently updated accommodation comprising large entrance hall, sitting room with feature fireplace, drawing room, dining room, kitchen/breakfast room, utility room, conservatory, galleried landing with four bedrooms (master en suite) and family bathroom. Annex with en suite bedroom. Parking for several vehicles and private, landscaped gardens.

NEW HOMES FROM £137,950

ONE BEDROOM APARTMENTS from £137,950
TWO BEDROOM HOUSES from £165,950
•Central Newmarket location •Choice of flooring •Fully fitted 'Kingswood' kitchens •Gas central heating •Solid oak doors •High quality 'New England' style bathrooms •Double glazing •Integral fitted wardrobes •Off road allocated parking •Full 10 Year Structural Warranty.
Park Lane House, 65 Granby Street, Newmarket.

CHARMING COTTAGE £220,000

Grade II Listed two bedroom property, Woodditton. Also available to rent.
Enjoying a picturesque location and benefitting from many period features including a large inglenook fireplace and exposed beams. Accommodation comprises entrance to sitting room with slate tiled floor, fully fitted kitchen/breakfast room, rear lobby, downstairs bathroom with white suite and two bedrooms each with fitted wardrobes. Front garden laid to lawn and enclosed rear garden with stone built storage shed. Off road parking.

CENTRAL FAMILY HOME £230,000

Recently refurbished semi detached property in a peaceful residential location close to Newmarket town centre.
Comprising entrance hall, downstairs w/c, lounge/diner with feature open fireplace and French doors, recently fitted kitchen/breakfast room, four good sized bedrooms and family bathroom with modern suite. Front and rear garden with patio, integral garage and driveway providing parking for two vehicles.

LUXURY DETACHED HOUSE £615,000

High quality specification and excellent accommodation.
One of five stunning properties in an exclusive gated development, Newmarket. Accommodation comprising pillared entrance porch, large hallway, dining room/study area, lounge with feature brick fireplace, cloakroom, comprehensive kitchen/breakfast room, utility room, four spacious bedrooms (two en suite) and beautiful family bathroom. Enclosed rear garden, integral garage and parking for several cars.

APARTMENT WITH EXCELLENT VIEWS £285,000

The Gallops is arguably the best location in Newmarket, principally because of the views it affords over the gallops and Warren Hill.
Accommodation comprising entrance lobby, further entrance hall, fully fitted kitchen, separate dining room, sitting room, two double bedrooms; master en suite and a good sized family bathroom. The apartment has attractive communal gardens and off road allocated parking. •STAMP DUTY IN EXCESS OF THE THRESHOLD PAID BY THE VENDOR.

FAMILY HOME WITH PADDOCKS £499,950

Detached 4 bedroom home with 1.04 acres (S.T.S.), Cheveley.
Approached through a gated driveway, the extensive living accommodation includes entrance hall, reception hall, sitting room with open fireplace, large family room, dining room, fully fitted kitchen, utility room, four bedrooms and two family bathrooms. There are delightful mature gardens, a paved terrace, three small paddocks, two stables and two stores. Integral garage and ample off road parking. We strongly advise early viewings.

HISTORIC APARTMENT £215,000

First floor apartment in a premier Newmarket location and benefitting from beautiful communal gardens.
We are pleased to offer this greatly improved and well presented first floor apartment with many original features including sash windows and vaulted ceilings. Briefly comprising entrance hall, sitting room, fully fitted kitchen, two bedrooms, bathroom with white suite and garage in grounds. Conveniently located close to Newmarket Town Centre.

SUPERB FIVE BEDROOM HOME £650,000

Finished to the highest standard, Six Mile Bottom.
Beautifully appointed property including a stunning, comprehensively fitted kitchen. The master bedroom benefits from en suite facilities and a dressing room. There are four further bedrooms, one en suite and a spacious family bathroom. Private, tiered garden and intergral garage.

VIEWING IS STRONGLY RECOMMENDED

For your next move find it at www.Homesnow.co.uk

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Letting and Property Agents

Bottisham £245,000

A 3 bedroom semi detached property located on the edge of this much sought after village benefiting from a good size garden backing onto open playing fields. The property offers excellent potential for extension (subject to planning).

Newmarket £57,500

A modern 2 bedroom shared ownership ground floor flat in a quiet residential development close to Newmarket town centre. Accommodation includes 2 bedrooms, bathroom, kitchen and living room.

Newmarket £122,000

This charming 2 bedroom cottage is conveniently located just a short distance from Newmarket High Street. The property could benefit from some modernisation and would prove an ideal 1st time purchase or investment. NO CHAIN

Fordham £275,000

An attractively situated detached bungalow tastefully refurbished with a new country style kitchen, refitted bathroom and occupying a very large garden with potential as a multiple BUILDING PLOT (subject to planning).

A property in a delightful non estate village position being sold with no onward chain.

Exning £264,750

A modern 4 bedroom detached family house situated in a well regarded development. Hall, shower room, large sitting/dining room, fitted kitchen, luxury refitted bathroom, enclosed garden, garage and off road parking.

Isleham £259,500

A very spacious 3/4 bedroom detached modern house providing well presented accommodation and situated in a good sized corner plot within the heart of this popular village.

Newmarket £258,000

This extremely well presented and deceptively spacious 3 bedroom detached bungalow offers well proportioned living accommodation, enjoying an elevated and set back position within this popular residential area.

Newmarket £159,999

A 4 bedroom mid terrace house offering generous accomodation as well as benefitting from off road parking for two vehicles. The property is in need of some modernisation but offers fantastic potential. NO CHAIN!

Newmarket £159,950

A charming 3 bedroom victrorian cottage of character and charm situated in a central location close to Newmarket town centre. The property benefits from no upward chain!

RENTALS

Newmarket £795

A fine example of a Victorian end of terrace house, situated in a well regarded location close to the town centre.

Cambridge £675

A well presented maisonette. Lounge/dining room, kitchen, double bedroom, enclosed garden & off road parking space.

Newmarket £1,200

A stunning luxury 1st floor 2 bedroom apartment offering superb spacious accommodation with outstanding views across the famous Gallops.

Newmarket £595

A mid terrace 2 bedroom house with a first floor bathroom, utility room and a good size rear garden. Available 1st February 2011.

Newmarket £695

Situated on the popular south side of Newmarket a 3 storey 3 bedroom modern town house with a garden & garage. Available 1st Feb 2011.

Newmarket £1,200

An imposing 3 double bedroom, double fronted house of charm and charachter situated south of the town centre.

Burwell £625

A superb ground floor retirement apartment providing very spacious accommodation & situated in this exclusive development.

Newmarket £9,500

A prominent double fronted shop unit situated in a busy thoroughfare close to the High street, Market Square and Guineas Shopping Centre.

Soham £625

A 3 bedroom house located in a quiet cul de sac. entrance porch, lounge/dining room, kitchen, bathroom, rear garden & off road parking.

Lidgate £1,500

A detached 5 bedroom property set in a rural location with a large open garden to the rear enjoying views over farmland.

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FORDHAM £295,000

MUST BE VIEWED

A well presented four bedroom detached family home offering spacious and versatile accommodation within the popular village of Fordham. The property is a short distance away from the excellent primary school and village amenities.

NEWMARKET £215,000

NO CHAIN

A fantastic extended three bedroom semi detached family home situated in a popular residential area close to the school and town alike. The property has been kept to a high standard throughout and benefits from a conservatory and converted garage. Viewing is essential to appreciate the full potential of this family home.

RED LODGE £199,950

MUST BE VIEWED

A well presented modern four bedroom semi detached family home situated on a brand new development just five miles from the historic racing town of Newmarket. The property is presented to a high standard through out and viewing is essential to fully appreciate this home.

EXNING Offers over £150,000

VACANT

• End terrace home • Two double bedrooms • Lounge • Dining area • Kitchen • Modern bathroom suite • Large garden • Off street parking • No chain • Viewing essential

Wishing you all a Happy Christmas and a Prosperous New Year from us all here at Your Move Lattimores

CHIPPENHAM £130,000

NEW PRICE

A well presented two bedroom cottage, ideally suited for a first time or investment buyer. Features include a new bathroom suite, exposed beams and fireplaces. Viewing is strongly advised to fully appreciate this home. REDUCED FOR A QUICK SALE!!!

FRESHFIELDS £119,950

NEW

• First Floor Apartment •Entrance hall •Lounge/diner •Kitchen •Two double bedrooms •Bathroom •Gas radiator heating •Garden area.

NEWMARKET £114,995

MUST BE VIEWED

- Terrace house
- Two bedrooms
- Lounge/diner
- Kitchen
- Bathroom
- Enclosed garden
- Garage in block
- Enclosed garden
- No Chain

EXNING £107,950

NEW PRICE

A charming one bedroom Victorian cottage situated in the heart of this popular village close to Newmarket. The property has been the subject of some updating within recent years, however the kitchen is still yet to do. VIEWING ESSENTIAL!

MILDENHALL 3 BEDS £92,500

NO CHAIN

An unusual three storey town house offering versatile and spacious accommodation. Situated on the outskirts of Mildenhall.

RESIDENTIAL LETTINGS

SOHAM £850 PCM

TO LET

Extended & beautifully presented family home in cul de sac location in this well served market town. 4 bedrooms, Living room, Dining room, Study, kitchen & Utility. Gas radiator heating & double glazing. No Pets. No Smokers. No Sharers.

CHIPPENHAM £500 PCM

TO LET

Charming cottage situated in a delightful village. Two bedrooms, first floor bathroom & shower, Living room, kitchen/breakfast room. No garden. Host of internal features including fireplace & exposed ceiling beams. £100 DISCOUNT OFF THE FIRST MONTHS RENT!

EXNING ROAD £129,995

NEW PRICE

A Victorian bay fronted terrace two bedroom cottage convienently located for the town. The property has had the loft converted to a useable space with a velux window, although does not conform with building regulation for an additional room.

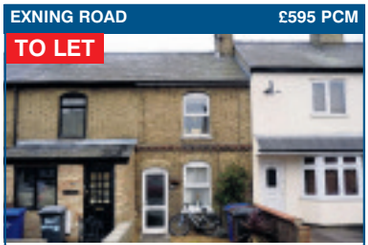
EXNING £157,500

NEW PRICE

A good size three bedroom terrace home situated within a quiet cul de sac within the popular village of Exning. The property benefits from a large garden and offers tremendous scope for further improvement. Offered with no upward chain this is well worth a look.

EXNING ROAD £595 PCM

TO LET



Your Move Lattimores are delighted to offer this two bedroom Victorian terrace home close to the centre of the town. Living room, kitchen/diner, two bedrooms, good size rear garden.

NEWMARKET £625 PCM

NEW

A completely renovated three bedroom semi detached bungalow situated in a traffic free location with an enclosed garden and garage in block. NEW CENTRAL HEATING, KITCHEN & BATHROOM. READY BEFORE CHRISTMAS!!!!

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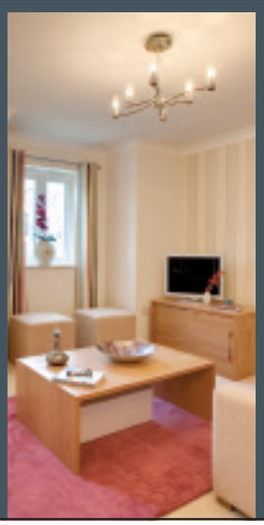

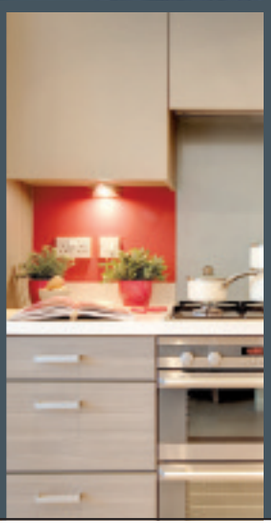

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YOUR GUIDE TO MOVING HOME

1 **Moving home can be a complicated business and, in the hectic run to the big day, it is all too easy to forget something vital. The Property News offers their readers this handy checklist that should help avoid major pitfalls. We suggest you tick off the items as you deal with them...**

WITH FOUR WEEKS TO GO:

- ☐ Get estimates from removal companies, checking that comprehensive insurance cover is available against damage or loss. Is there a packing and unpacking service? Confirm the date of your move with the firm you have chosen.
- ☐ Check on your home contents insurance policies to ensure that you are covered for the move, and covered at your new address.
- ☐ Make arrangements for your gas and electricity meters (plus water meters where relevant) to be read and all your appliances to be disconnected on the day of your move.
- ☐ Arrange to take over gas and electricity at your new address, and make sure that all appliances will be properly fitted, plumbed or connected.
- ☐ Notify British Telecom and ask them to make the necessary arrangements for a final account at your present address, and for taking over or installing telephone facilities at your new home.
- ☐ Arrange for change of address cards to be printed.

WITH TWO WEEKS TO GO:

- ☐ Confirm all arrangements, times etc, for meter readings, disconnections and reconnections, with authorities and with your buyer and seller.
- ☐ Make sure you have a good stock of packing materials, including sturdy boxes and plenty of string and sticky tape.
- ☐ Begin to throw out unwanted items from attics, wardrobes. What you really don't want you may as well dump now, or send to charity. It's a great time for a good sort out!

WITH ONE WEEK TO GO:

- ☐ Send off change of address cards.
- ☐ Arrange and pay for automatic redirection of your mail by the Post Office.
- ☐ Cancel and pay up accounts for routine delivery services such as milk, groceries, fuel and your Cambridge Evening News. Re-organise these deliveries for your new address.
- ☐ Defrost refrigerators in preparation for move and, if you are moving a freezer and its contents, turn it up to maximum for a couple of days before you move.

WITH ONE DAY TO GO:

- ☐ Complete your packing except for those items you are likely to need overnight, and prepare a picnic for moving day.
- ☐ Have a large enough cash 'float' available to deal with unexpected expenses, and make sure you have collected documents and valuables together in a safe place.
- ☐ Cover carpets which are being left behind, so as to minimise damage during furniture removal.
- ☐ Check through previous lists to make sure nothing has been overlooked, then enjoy a worry-free early night!

2 ON MOVING DAY:

- ☐ Strip beds and pack bedding and nightclothes.
- ☐ Pack items for washing/toiletries.
- ☐ Take down curtains.
- ☐ Take up rugs, carpets, floor coverings, as required.
- ☐ Dismantle any light fittings etc., not included in the sale.
- ☐ Turn off electric appliances.
- ☐ Disconnect cooker.
- ☐ Turn off boiler/central heating.
- ☐ Turn off water.
- ☐ Read gas meter.
- ☐ Read electricity meter.
- ☐ Secure all windows.
- ☐ Lock all doors.
- ☐ Leave key as arranged with new owners.
- ☐ On arrival at your new home, unpack slowly and methodically so that you can check for loss or damage.

3 EXTRA HINTS FOR A SMOOTH MOVE...

WHO TO NOTIFY:

- ☐ Banks.
- ☐ Building Societies.
- ☐ Credit companies.
- ☐ Insurance companies.
- ☐ Gas, Electricity and Water Boards.
- ☐ Telephone company.
- ☐ Local Authority (Rating Department).
- ☐ Driving Licence authorities.
- ☐ Inland Revenue.
- ☐ Store cards and accounts.
- ☐ Other lease, hire or rental companies.
- ☐ Employer.
- ☐ Doctor.
- ☐ Dentist.
- ☐ Schools.
- ☐ Professional Bodies/Trade Unions.
- ☐ Motoring organisations.
- ☐ Newsagent.
- ☐ Friends and relatives.

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Chevy cuts prices and holds VAT rise

December-only sales offer from Chevrolet

APPARENTLY, January is the month for sales. But not at Chevrolet! Besides, if the TV adverts are to be believed, you're probably too busy choosing a new sofa in the post-Christmas period.

That's why Chevrolet is having its sale in December, with savings of up to £3,400 on selected models. That means the impressively equipped Cruze 1.6 S saloon is available from an astonishing £9,995 – against a list price of £13,395.

It means that the British Touring Car Drivers' Championship winning saloon is one of the best bargains you can buy, even before you look at its five-star Euro-NCAP safety rating and fine array of standard features including aircon, remote central locking, electric front windows and a CD stereo system – all for the price of a rival maker's supermini.

The funky little Spark doesn't escape the Christmas price crunch either, with the 1.0+ version of the trendy urban hatchback, packing aircon, a USB-compatible CD Stereo, electric windows and six airbags as standard for £6,495 – a massive £1,900 off of the list price.

And the savings don't stop there, with the practical Aveo 1.2 S supermini also available for a whopping £2,000 off, in both three and five-door versions. From a price of £6,995, this affordable supermini is much bigger than anything else on offer at this money.

And remember, all of these incredibly low prices are available before VAT increases to 20 per cent in January.

All of these special offers are available for a strictly limited period, and are valid only until the end of December at participating Chevrolet dealers. For details of your nearest one, or visit *www.chevrolet.co.uk*.

Citroen DS3 is voted 'Car of the Year 2010'

SOME say Citroën's DS3 is not only the best small car around, it's the best car on the road full-stop.

Top Gear magazine certainly agrees, making Citroën's DS3 its 'Small Car of the Year' and also crowning the talented supermini with the highly coveted 'Car of the Year' title its 2010 awards.

DS3 saw off competition from both supercar and mainstream manufacturers including Jaguar, Bentley, Honda, Peugeot, Bugatti, Pagani and Koenigsegg to take the sought-after top spot as the magazine's overall 'Car of the Year'.

Top Gear said: "DS3 has pulled off that heady mix of ability, excitement and affordability that's impossible to ignore. It walks so many fine lines so delicately and so comprehensively that it's hard to find a chink in the armour. The *Top Gear* Car of the Year is a small, thoughtful, affordable, stylish, fun little hatchback. It's the people's champion."

Linda Jackson, Citroën UK's managing director, commented: "DS3 has enjoyed a fantastic first year, winning the hearts and minds of both public and press. In just under 12 months on the road it's become the 'must-have' model in its class."

DS3 continues to showcase its versatile and distinctive personality with the imminent introduction of two new special editions in 2011 – the stylish DS3 by Orla Kiely Collection and the hotly-anticipated DS3 Racing.

The Citroen DS3: Has done very well for itself in 2010.

Peugeot RCZ is voted Coupe of the Year

TOP GEAR magazine this week voted the Peugeot RCZ is its Coupé of the Year 2010.

The UK's best selling automotive magazine took its assessment of the RCZ to the extreme by road testing it in Northern China in the proximity of the Great Wall (pictured). It is the first time the Peugeot RCZ has been in the world's largest car market.

In appreciating the many virtues of the Peugeot RCZ, the magazine reports: "The Peugeot RCZ is a beautifully balanced car, easy to drive quickly. Low and wide, it always feels completely on your side, gripping hard, resorting to understeer only at the limit. The RCZ is positioned as a small, sophisticated GT, and fills it perfectly."

The Peugeot RCZ was launched in June and has been a huge success with 2,000 cars sold in the UK. Priced from £20,450 it is available with a choice of three engine options – a 200bhp or 156bhp THP turbo-charged petrol engine and a163 bhp HDi diesel engine.

Other accolades bestowed on the RCZ include it being awarded Diesel Car magazine's Best Sports Car of the Year 2010.

Soft drinks deal is central to this year's anti drink-drive campaign

DESIGNATED drivers will be offered a buy one, get one free deal on soft drinks in pubs as part of the Government's Christmas anti-drink-drive campaign launched yesterday.

The Government's road safety campaign Think! has joined Coca-Cola to offer the drinks in more than 8,000 participating pubs.

The offer is in addition to radio advertising, posters in pub toilets and online search activity in a campaign that will run until January 2.

Launching the campaign, road safety minister Mike Penning said: "Drivers should be in no doubt that if they get behind the wheel after drinking this Christmas, they risk losing their licence as well as facing a fine and even a prison sentence.

"Last year 380 people were killed in accidents where the driver was over the limit. That is why our message is clear: don't drink and drive."

Chief Constable Mick Giannasi, head of roads policing with the Association of Chief Police Officers, said: "This year we are using information from the public to target those areas where drink-driving is a particular problem and so the chances of getting caught are greater than ever.

"If the police stop a driver, and there is any suspicion that they have been drinking, then they will be asked to provide a breath test and drivers should be in no doubt that if they are found to be over the limit they will be brought before the courts.

"Many drivers don't realise that alcohol stays in the system for a number of hours, and that they could still be over the limit the next morning when driving to work or dropping the children off at school. That is why we are asking drivers to be safe, not sorry, this Christmas."

Coca-Cola Great Britain and Ireland manager Jon Woods said: "This Christmas we're proud to be partnering with the Government's Think! initiative to help raise awareness of responsible drinking."

As the campaign was launched, the AA released details of a poll of 18,251 of its members which showed that the most popular excuse for drinking and driving is, "It's only down the road".

The next most-heard excuse is, "I've had food so that will have soaked the alcohol up".

Other frequent excuses are: "It's been a while since the last drink", or "There won't be any traffic around" or "I won't get caught".

As many as 67 per cent of 18 to 24-year-olds had heard the "only down the road" excuse and 35 per cent the "I won't get caught" response.

The AA/Populus poll, released last week, revealed that more young drivers had heard excuses for drink-driving than older motorists.

AA president Edmund King said: "There is no excuse for drink-driving. Drivers must accept responsibility and stop making excuses for drink-driving. A short journey or a low-perceived risk of being caught are not valid excuses for breaking the law and putting lives at risk.

"The 'it's only down the road' excuse can easily end up with a trip to the morgue. Our key message is, if you are going to drink, don't drive, and if you are going to drive, don't drink."

The AA has joined drinks company Pernod Ricard UK in a national Christmas anti-drink-drive campaign.

Pernod Ricard UK's chief executive Jean-Manuel Spriet said: "We all have a role to play in preventing drink-driving."

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Kia

KIA SPORTAGE 4x4

1900 cc, 5 dr, met blue, rebuilt engine just fitted, new clutch, battery, tyres, 6 months tax, part ex/finance

£2,295

01763 248640

office

07515 102134.T

Lexus

Lexus LS 400

Petrol, 1995, Black, Auto, CD, S/Roof, MoT April 2011, luxury car, leather interior, excellent condition

£1,050 ono

07891 578275

01440 709491

Mazda

Mazda MX-5 1.8i Option Pack

2004 (04) in Rare Strato Blue Mica, 1 owner, 63k miles, all electrics, Service History, Cloth Roof, Chrome Pack, Sound Board, recent Tyres, Discs and Pads

£5,495 ono

01638 744288

07796 118788

MAZDA MX5 Monaco 1.6cc

1996, British racing green, recent hood, discs, pads, exhausts and tyres, vgc, Mot and tax

£1,400 ono

01223 871222

MAZDA RX-8 231PS Sports Coupe

2007, 50K, 4 door, Manual, Leather interior, H/Seats, Bose Sound, 1 previous owner, excellent condition, email: alistaire_ryan@hotmail.co.uk

£6,900

07872 129541

01223 242141

Mazda

Mazda Xedos 6

1997 (R) automatic 2.0, V6, 89,000 miles, MoT July 2011, leather seats, good condition, taxed

£1,500

01223 232123

07708 476758

Mercedes

MERCEDES-BENZ A170 CDI Elegance, V reg'd, 68,000 miles, Auto, exceptional condition, 65 mpg approx, one year MoT, recent tyres, £2,500 ono. Tel: 07976 045628.

Mercedes-Benz B Class B200 SE

2006, 5dr Tip Auto Hatchback, Metallic Horizon Blue, Petrol, Alloys, A/C, Leather seats, Parktronic System, CD, Heated Front Seats, Immaculate Condition, one lady owner.

£9,995 ono

01223 420239

01223 870153(pm)

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01638 662581

Mini

Classic Mini Cooper 1.3i

N reg'd, leather seats, 12 months MOT, excellent condition

£2,500

01440 730850

07957 921415

MINI COOPER S

2003, Electric Blue, 40,000 miles, A\C, E/W, P/S, 12 months MOT, 1600cc,Chilli Pack, 2 owners,unmarked,

£6,850

07831 094031

Mini

MINI 1.6 Pepper pack
2003, 37,000 miles, MOT, Tax, British racing green with white alloys and trim, FSH, very good condition

£4,000 ono
07818 898283

MINI ONE 1.6
Petrol, 2005, 40,000 miles, MoT and tax end Feb 2011, FSH (BMW), A/C, Pepper Pack, chrome line exterior and interior, CD, E/W, E/DM, alloys, garaged, recent exhaust and tyres, vgc

£5,500 ono
07795 097355
01954 211707

Mitsubishi

MITSUBISHI CARISMA Auto 1.8 GLX
1999 (T), only 56,000 miles, serviced, MoT July 2011, 1 owner, 6 moths tax, low insurance, pas, sunroof, e/windows, stereo, excellent condition

£895
07881 633006
01223 214818.T

Nissan

Nissan Micra
1.0i hatch, 3 door, 2001, 23,750 miles, FSH, full electrics, c/l, good condition

£1,400
07854 405442

Peugeot

Peugeot 206 GLX 1.4
Petrol, 1999, Green, 98,000 miles, PAS, A/C, E/W, CD multi changer, MoT, excellent condition

£995
SOLD

Peugeot

Peugeot 207cc GT 1.6
hardtop convertible, 07 reg'd, 20,000 miles, manual, 3 door, black, FSH, excellent condition, dual a/c, CD, 17" alloys plus more, full MoT and tax

£9,000 ono
07881 786160

PEUGEOT 306
1.4, met blue, 5 door, PAS, R Reg.

£650
01353 741013
07889 509009 .T

Peugeot 306 1.9L
Diesel, Red, 116,000 miles, 12 months MOT, Taxed untill February 2011. Good Condition.

£550
01223 833983

Peugeot 307 SW Estate
7 seater, 2005, 1.6 petrol, SE spec, Black, 63k, FSH, Alloys, E/S/Roof, E/M, multi CD, excellent condition, 1 previous owner, recent tyres and exhaust, very economical

£3,300 ono
07889 882466
01480 212113

Peugeot 307 Quiksilver SW 2.0L HDI
1997cc, diesel, manual, silver, 5 door, 2005/05, under 32,000 miles, MoT to August 2011, Tax to July 2011, fully serviced

£5,200
01638578506

Peugeot 307 S
Petrol, Silver, 16,800 miles, A\C, Cruise Control, E/W, P/S, Reg Sept 07, full years MoT, 5 doors, Auto, Audio remote control, family owned, FSH

£4,850
01279 777080
07872 946186

Renault

Renault Clio 1.2 litre, 53reg. 41,000 miles. Red, 3 door with grey interior. Only 1 owner. 1 year MOT and Tax, Excellent car. £2,995. Tel: 07818 075517/ 01223 846802

Renault Clio 1.4 Dynamique
2 door, 2003, 83k, A\C, Alloys, S/Roof, met black, FSH, MoT March, stereo, vgc

£1,950 ono
07506 366322

Renault Clio 172 Cup 2.0L 16v
2003, 3 door manual hatchback, 80,000 miles, alloys, CD, drivers airbag, E/W, PAS, MoT, Tax, recent cam belt, excellent condition

£3,400 ono
07954 150494

Renault Clio Campus 1.2
2007 (57 plate) Silver, 22,261 miles, A\C, one lady owner, one year MoT, excellent condition, FSH

£4,350 ono
07983 435104
Cambridge Area

Renault Kangoo 1.4 Petrol
1999, 80,622 miles, 5 seater, tax & MoT Feb 2011

£995 ono
07757 481602

Renault Scenic Authentique
Petrol, 2003, Silver, 21,000 miles, 16v 1.4l, 5 door MPV. Full service history. Very good condition.

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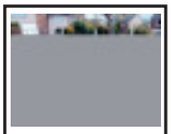

Rover
416 SLI, 1998, Petrol, Blue, 52,000 miles, A\C, E/W, FSH, MOT till March, Tax till April

£1,000
07887 814225.

ROVER 600 2.0 Turbo Diesel
red/grey trim, e/w, air con, alarm, well maintained, full MoT, taxed, excellent condition

£795
01763 248640 office
07515 102134.T

Toyota

TOYOTA CELICA T-SPORT 190 Edition
'52 plate, Metallic Blue, Full leather interior, Climate control, Reversing sensors, 6 CD changer, Tax and MOT, Very good condition

£4,500 ono
SOLD

Vauxhall

VAUXHALL Corsa 1.0L Club 12v, 2002, 3 door, Silver, 97,000 miles, CD, E/W, new MoT, 6 months tax, good condition, £1,575. Tel: 01440 712033.

VAUXHALL Frontera, 1999, 5 door, 4x4, 2.2 Petrol, Tow bar, full MoT, taxed March, recent exhaust/ tyres, nice condition, £1,595 ono. Tel: 07760 157874.

Vauxhall Astra 1.6. SXI 16V
06 reg'd, 5 door h/back, metallic blue, 41k, ABS, A\C, Alloys, CD, E/W, PAS, FSH, Fog lights, Remote Locking, Chrome sports pedals and kick plates, Tax to April, MoT to August. Excellent condition

£5,200 ono
07801 932009

Vauxhall

Vauxhall Astra 1.6i 16v Design
Sport hatch, 2008, Petrol, 34,200 miles, A\C, CD, manual, FSH, PAS, alloys plus more.

£7,500 ono
01223 234723
07712 620282

Vauxhall Astra 1.7 LIFE CDTI
Diesel, 2005, White, 53,000 miles, 5d manual, hatchback, adjustable steering column/wheel, airbags, CD, E/FW, ABS, tax March 2011, MoT August 2011, FSH, non smoker, genuine reason for sale

£4,750 ovno
07761 756405

Vauxhall Astra Envoy
Diesel, 2004, White, 84,000 miles, 1 year reconditioned engine, 1 year MoT, Tax Feb 2011, excellent condition,

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01223 890158

Vauxhall Astra Sport Hatch 1.6 Sxi Twinport
Peacock blue, 39,900 miles, Nov 2006 (56) MOT until September 2011. FSH. Excellent condition

£5,800
01223 832073
07922 660914

VAUXHALL CORSA
1.2 Petrol. 1997, Green, 84,000 miles, MoT and Tax Oct 2010, 3 door, good condition, sun roof

£900
07887 722954

Vauxhall Omega
2.0L 16V Auto, 4 door saloon, 1999, 98,000 miles, petrol, silver, recent cam belt, MoT Sept '11, tax July '11, ABS, A\C, Alarm, E/W, H/Seats, Immobiliser, E/M, Alloys, radio/CD, PAS, good condition, reliable £1,100 01763 243669

Vauxhall

Vauxhall Tigra 1.4 16V
2000, 89,000 miles, service history and all MOT, very good condition, 2 months tax and 4 MOT, CD player, air conditioning, alarm, alloy wheels, etc

£1,295
07563 813944 or
01223 844955

Volkswagen

VW Polo 1.4 CL
T reg'd, 3 door, White, 98k, MOT/TAX April 2011, one lady owner, service history. Good runner

£900
01223 874436
07749 388248

Volkswagen

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in Silver Leaf metallic. Not yet a year old and less than 16k miles. Mint condition

£14,350 ono
01223 890220
(private sale)

Volvo

Volvo V40 Auto
T reg'd, 89,700 miles, red, ABS, A\C, Alarm, CD, E/W, H/Seats, Airbags, PAS, 12 mths MoT, FSH, lifetime tracker, sport and winter drive, clean and in good condition

£1,500 ono
07737 155554

Volkswagen

Volkswagen Polo 1.2
Petrol, 2004, 3 door, Diamond black, ABS, CD, Airbags, PAS, low mileage, one year MoT, 6 months tax, one owner, good condition

£3,000 ono
07792 241302
07854 859949

VW Beetle, 1.6, 2004, 04 plate, Silver, 45,000 miles, FSH, PAS, c/locking, e/windows, airbags, radio/cassette immobiliser, colour coded bumpers and mirrors, long MoT, warranty, excellent condition, £4,995. Tel: 01799 584327/ 07779 557267 www.rowleyscars.co.uk

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3 HOMES
4 GARDENS
5 FAMILY
6 HEALTH & BEAUTY
7 PETS & LIVESTOCK
8 LOCAL SERVICES
9 AGRICULTURE & FARMING
10 BUSINESS SERVICES
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14 PERSONAL SERVICES
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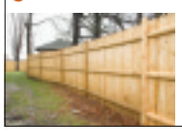

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Essex County Council

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Town and Country Planning (Local Development) (England) (Amendment) Regulations 2008

Minerals Development Document: Preferred Approach (December 2010)

Notice of public participation in the preparation of a development plan document under Regulation 25 of the above regulations

Consultation period 9 December 2010 to 17 February 2011

Essex County Council has produced a Minerals Development Document (MDD): Preferred Approach (December 2010), which sets out the Authority's vision, objectives, preferred Core Strategy policies, Development Management policy criteria and Site Allocations to meet the county's needs for minerals supply until 2028.

Twenty preferred sand and gravel sites have been identified to provide for mineral extraction in Essex. Four are new and sixteen are extensions to existing sites, one of which includes silica sand. Provision is also included for a separate brick clay site. These sites were put forward by landowners and the minerals industry in response to previous Calls for Sites for mineral extraction in the Minerals Development Document: Issues and Options consultations between 2005 and 2009.

Feedback from this consultation will inform the subsequent MDD: Submission stage consultation, before the Minerals Development Document is submitted to the Secretary of State for independent Examination in Public. Consultation at each stage will accord with the above regulations and with the County Council's Statement of Community Involvement. The complete suite of documents is available from 9 December 2010 on the County Council website at www.essex.gov.uk/MDD-consultation, and to view in hard copy at County Hall, Chelmsford, and at the District & Borough Council offices listed below. The document can also be viewed at all Essex main and branch libraries, but with accompanying appendices and supporting documents only available electronically.

Representations on the MDD: Preferred Approach (December 2010) are invited during the ten-week period of public participation from 9 December 2010 to 17 February 2011 and must be received by 17:30 on 17 February 2011. Representations can be submitted in any of the following ways: online via http://consult.essexcc.gov.uk, by email to mineralsandwastepolicy@essex.gov.uk, by fax to 01245 437213 or in writing to the Head of Environmental Planning (MDD), Minerals & Waste Planning, Essex County Council Freepost CL 3636, E3 County Hall, Chelmsford CM1 1QH. Further information can be obtained from our Helpline on 01245 435555 or at the address specified above.

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» Motorsport

Jarvis: I'm up for the challenge

OLIVER Jarvis has vowed to come out fighting next year in the German Touring Car Championship (DTM).

For the second year in a row – in his third season in the competition – the Burwell driver (above) finished ninth in the overall standings.

But in what was his first season in the current specification Audi A4 DTM touring car, he felt that it was only fractions that denied from the chance to get better results.

"It has been a difficult year," said 26-year-old Jarvis. "Getting a 'current' Audi for the first time I expected to improve on form from previous years and, having had such a good 2008 and 2009, I really saw this as my opportunity to win races and fight for the championship.

"But we had a change of tyre compound for 2010 and that, combined with changing my A4 model, which has different handling characteristics, I struggled to adapt to both.

"I steadily improved throughout the year and missed out on getting into the latter stages of qualifying, which is all important for posting a good race result.

"I'm missing a fraction of a second, which is the difference of starting the race from the front two rows or from midfield, where the wrong type of action can often kick off at the start and destroys your race."

Jarvis cast his mind back to the race in Spain as the highlight of his campaign.

"My high point of this season was at Valencia," he said. "I was strong the whole weekend and should have qualified on pole, and not second fastest, and in the race we had extremely good pace, running second.

"Ultimately, I missed out on a podium finish because of a fuel pump failure."

At the end of a long season, Jarvis is relishing the opportunity to analyse his performances this year, and come back stronger when the new campaign starts.

And he also believes he will be in a better position, having had a year in the new car behind him.

"I'm now looking forward to the winter, to reflect on the past season, study all of the data so that I can come back stronger next year," he said.

» Boxing

French is praised for effort

GEORGE French was commended for his efforts after putting up a brave fight in his second defeat to Wesley Clarke in an exhilarating bill-topper at Cambridge ABC's show on Saturday.

British Universities light-heavyweight champion Clarke had already got the better of his New Astley opponent at the end of last season.

But despite another hard-fought clash, Clarke came out on top again on a unanimous decision at Cambridge Regional College.

Both boxers had big followings in the hall, making for an intense atmosphere, and fortunately the bout lived up to expectations.

Clarke caught French off balance with a stinging right jab, left hook combination in the first round and followed it up with some big blows, setting the blood running from the New Astley man's nose with a driving right hook in the second.

But French always had a puncher's chance and caught Clarke with a few hefty blows just in case he thought he had it in the bag.

The tempo slowed in the final round, but Clarke kept his nose in front throughout.

And in a warm gesture following the bout, he raised French's hand for the game battle he put up.

» Rugby Union

Harper keen to resume battle

NEWMARKET'S itch to get back on the rugby field may have to wait to be scratched.

Saturday's London & South East Junior Vase clash with Norwich was postponed and came after they were handed a walkover for their scheduled cup game against Finchley the previous week.

So it leaves their last appearance as the 20-8 defeat at Wisbech.

But although that taste may still be in their mouths, it masks the fact that the match marked the loss of their 100 per cent record – in a London League 3NE division they were only promoted to this term.

They have been something of a surprise package, sweeping all before them, and skipper Richard Harper said: "I knew we had a very good team but, going up another league, we half expected to take two or three defeats at this point.

"We're pleased at how we have adjusted to the league so far.

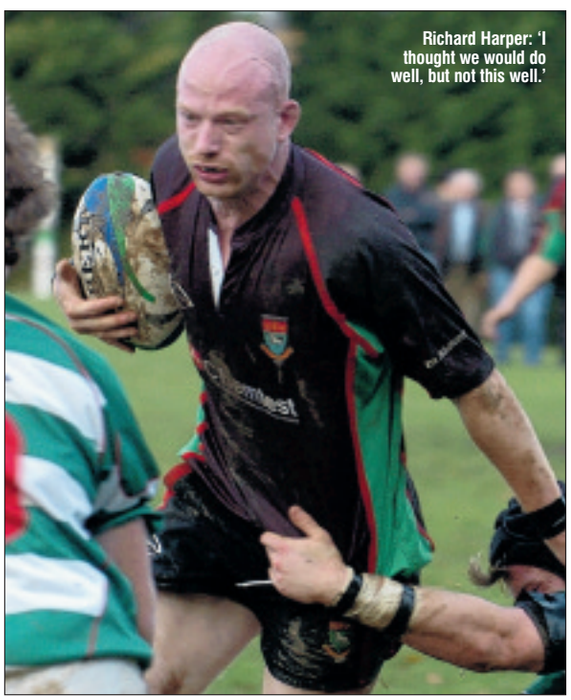
"I would have thought we would do well, but not this well.

"The jump up the leagues has not been as great as I thought it would be, but our play has improved, as has our fitness."

And Harper believes that has been one of the keys to their form.

"It (the fitness) has got us out of a few holes already this year, particularly at Upminster when we were 17-5 down at half time, but in the second half we really took control (and won 20-17)," he said.

"Our fitness has always been a strong suit. We've been run hard a lot on Tuesday nights, and the results have borne themselves out."



Richard Harper: 'I thought we would do well, but not this well.'

Despite their results, Newmarket are still looking to up their levels of performance.

"At times we try to force the play too much and make silly mistakes," said Harper. "The performances have been steadily improving since the start of the season, apart from Wisbech.

"We're starting games better, which is the key thing.

"We've always typically not been the fastest starters, but it's coming along nicely, I think."

WEEKLY NEWS SPORT

December 9, 2010 email: newmarketsport@cambridge-news.co.uk

Jarvis ready for the next challenge

FULL REPORT IS ON PAGE 43

» Rowing

Ben Hicks: 'Reaching the Olympics would be very tough but obviously a great reward for all the hard work I'm putting in.'

Hicks steps up effort for Games spot

BEN Hicks is primed for what could be a definitive year in 2011.

The 25-year-old Newmarket rower has had a sterling 2010, winning medals at both the British Rowing Championships and the Commonwealth Rowing Championships.

But, if he is to break into the Great Britain squad for the 2012 London Olympics, then what he does and achieves in the next 12 months will be crucial.

In Glasgow, at the British championships, he claimed gold in the open single sculls. Then, in Monckton, Canada, Hicks won silver in the 2km single sculls, bronze in the 500m sprint doubles and gold in the 2km doubles.

"I think, through experience, I knew I had to perform well, but I didn't go into the year thinking I'm going to win everything, I try and stay as focussed on the water as possible," he said.

"Obviously, I'm over the moon with the results, but this was the way I needed to be, if I want to make the British squad again.

"Being realistic, if I can continue to improve then there is every chance of me making the squad.

"At the moment, I'm training twice a day alongside my job and then three times a day at the weekend.

"Rowing takes up all of my life but it's only a short amount of time in the grand scheme of things. Reaching the Olympics would be very tough but obviously a great reward for all the hard work I'm putting in."

To reach the Games would be some feat for Hicks, who only took up the sport two years ago.

And if he does progress to the full GB team, it will be another example to show that talent identification schemes do work. Even Hicks admits to being surprised by how much he has developed in such a short space of time.

"I swam for 16 years for clubs in Cambridge, Newmarket, Mildenhall and then Loughborough, where I went to university, but this was only at a reasonable level," he said. "It was never as high as the standard I have reached in rowing.

"I think my physiology is much better suited to rowing than swimming, with a higher intensity involved. The scheme (which was called Tall and Talented) was a stage on from 'Sporting Giants' and aimed to get guys over 6ft 3in and girls over 5ft 10in into rowing. This was because people of that size are the blueprint of many successful rowers that have gone before.

"It was a questionnaire online, like a national advert, then after being accepted through the first stage there was a testing week and interviews in Nottingham.

"Out of 4,000 applicants they took it down to 30 guys and 30 girls and a three-day test followed.

"A final 20 were selected and I was lucky enough to be one of those chosen. I'd never set foot in a boat before and I think I lasted about five seconds in the boat before falling into the water on the first occasion."

But those days seem a long time ago now, and Hicks is putting every waking hour into chasing his rowing dream, which has had a knock-on affect with his work.

"It has, but the company I work for in Cambridge have been very supportive, financially as well, providing me with sponsorship," he said. "They have also been very flexible with my working hours, as I now only work 30 hours a week, which is essentially part time.

"It's very tough and you grind yourself into the ground."

» Football

Games drop in big freeze

NEWMARKET Town and Mildenhall Town's Ridgeons League fixtures followed the same path as many other sporting schedules throughout the country at the weekend.

The Jockeys' home Premier Division match against Felixstowe & Walton was called off on Friday, while 'Hall's trip to Debenham suffered the same fate.

Both teams will be looking for better luck this Saturday when Newmarket travel to Dereham and Mildenhall host Wivenhoe. The Jockeys are also due to be in action on Tuesday night when they host CRC in the first round of the Ridgeons Cup.

» Speedway

Proposition of derby delights Barton

SIMON Barton admits he would relish the return of Mildenhall and Peterborough derbies following news that the Elite League giants are set to join the National League.

Both Peterborough and last season's champions Coventry walked out of the sport's annual conference last weekend over proposed rule changes to the top division.

Peterborough, who last won the Elite title in 2006, stated they would instead apply for the Premier and National leagues, but the British Speedway Promoters' Association this week closed the door on a move into the second tier, stating no further applications would be considered after Plymouth's elevation.

Barton (pictured right), a former Fen Tigers' promoter who lives within a stone's throw of Peterborough's home circuit, said: "I'd be pleased to see the derby reinstated because we have had some fantastic clashes in the past, but it would be a shame if a club with the facilities of Peterborough were to be riding in a junior league.

"The management of speedway needs to have a look at itself if it cannot provide a decent league for the size of club of Peterborough.

"They would be a big loss to both the Elite League and Premier League."

The sport has seen a major reshape in the past week, with Birmingham and King's Lynn moving up into the Elite League, Ipswich moving down and joining new club Leicester in the Premier League and Stoke electing to drop down to the National League.

Mildenhall's hopes of returning after their summer closure rest on stadium owner Dave Coventry and his talks with three parties.

Their fate was to have been decided at BSPA headquarters in Rugby this week, but the National League's annual conference was put back until next month.

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